

National Cancer Action Team Part of the National Cancer Programme

Using Peer Review To Improve Standards of Care in Paediatric Diabetes

Dr Fiona Campbell Consultant Paediatric Diabetologist Leeds Children's Hospital

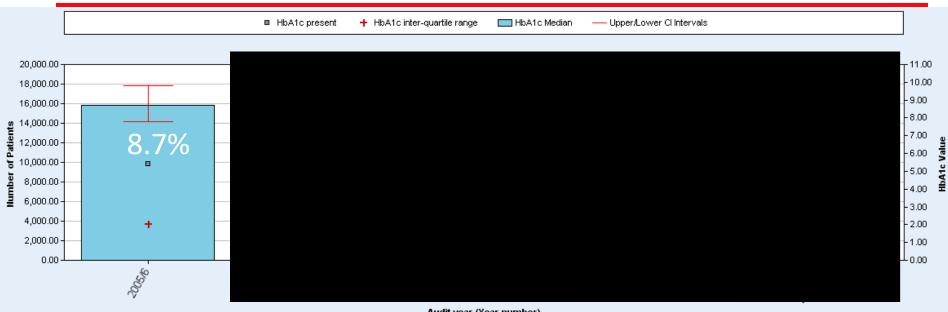
ABCD 27th April 2012

#### National Diabetes Audit 2007-2008

<sup>6</sup> Act now. The progression of diabetes is relentless. We have the knowledge .We need to use it and take responsibility and benchmark our efforts against others in order to improve further .Children and Young People deserve nothing less '

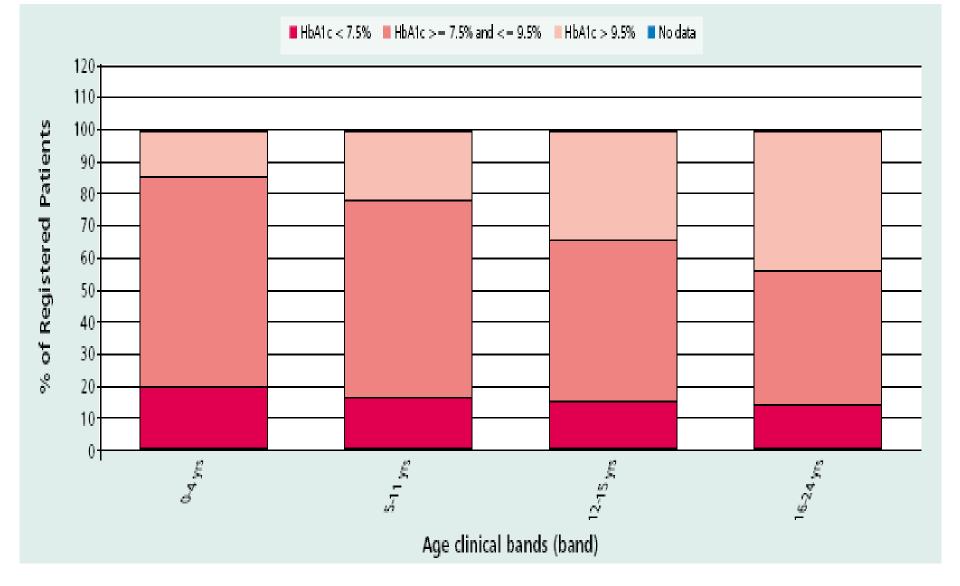
Dr Sheila Shribman National Clinical Director Children Young People and Maternity Services

#### Median HbA1c by audit year

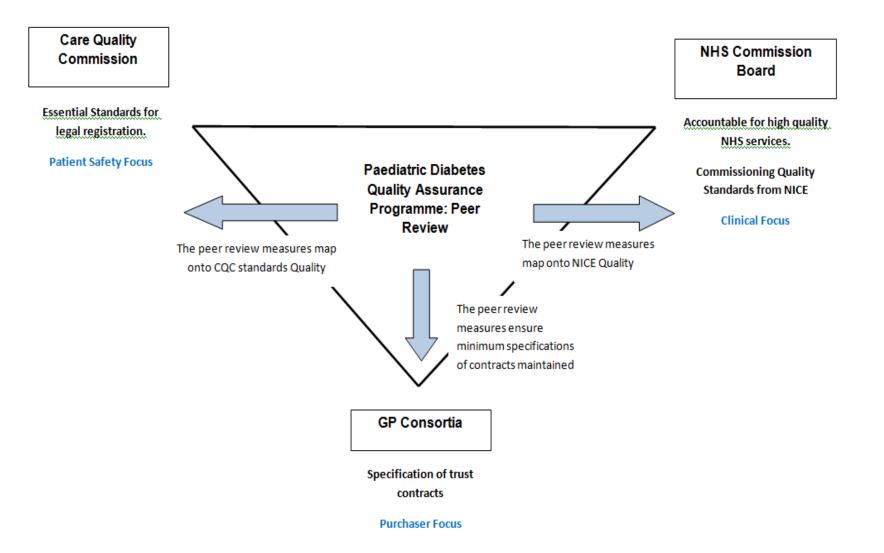


Audit year (Year number)

#### HbA1c targets by age band



#### **The New Health Environment**





### **Aim of Peer Review**

Ensuring Services are as safe as possible

Improving the quality and effectiveness of care

Improving the patient and carer experience

Undertaking independent, fair reviews of services

Providing development and learning for all involved

Encouraging the dissemination of good practice





### **Key Principles**

#### **Clinically Led**

Consistency in delivery of Programme

#### Developmental

Focus on Coordination within and across organisations

#### Peer on Peer

Integration with other review systems

User/Carer Involvement



## **The Process**

Peer Review

Visits Targeted

Externally Verified Self-Assessments

Sampled

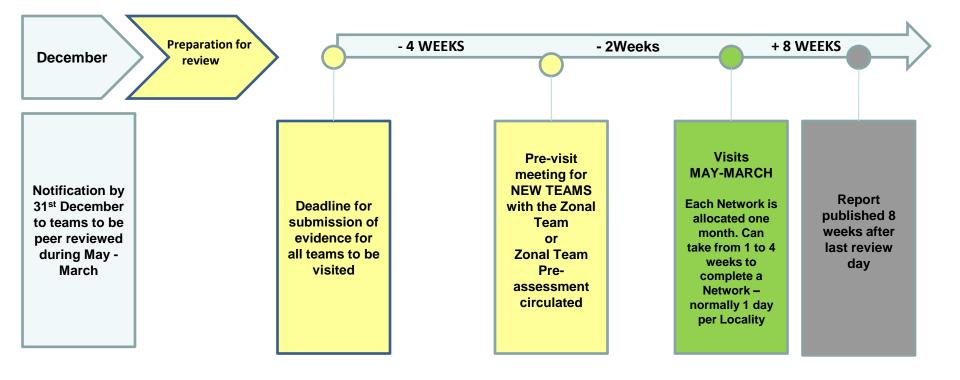
Validated Self-Assessments

(annual)

All Teams



## The Peer Review Visit Plan





## **MDT– Key Themes**

### Structure and Function

## Co-ordination of Care/Pathways

## Patient experience

## **Clinical Outcomes/Indicators**



### **MDT Key Questions**

#### Can You:

Demonstrate that you have a properly constituted and functioning MDT?

Demonstrate that you have effective systems for providing coordinated care to individual patients?

Demonstrate that your team has adequate information to help it improve service delivery?

Demonstrate how you are continuously improving your service (including both clinical effectiveness and the patient experience)?



## Self-Assessment – Key Tips:

Use the ev guide		Get the e agreed in the me	line with	Agreer docum evider	oure all ments are nented on nce cover neets
Be hor	nest	Don't let yourself down with poor evidence		Data Requirements for Annual Reports – establish a process	
	Sell you	urself		al report – Dutcomes	



### Using our Evidence Guides

<u>Guidance</u> to help you structure your evidence documents

**Guidance for Compliance** 

Additional Guidance

Always refer to the full measure in making assessments against measures



## MDT-Evidence Documents

Operational	Annual Report	Work
Policy		Programme
Describing how the team functions and how care is delivered across the patient pathway Outlining policies/processes that govern safe / high quality care Agreement to and demonstration of the clinical guidelines and treatment protocols for team.	Summary assessment of achievements & challenges Demonstration that the team is using available information (including data) to assess its own service -MDT Workload & Activity Data (activity by modality, surgical workload by surgeon, numbers discussed at MDT, MDT attendance) -National Audits -Local Audits -Patient Feedback -Trial Recruitment -Work Programme Update	How the team is planning to address weaknesses and further develop its service. Outline of the teams plans for service improvement & development over the coming year -Audit Programme -Patient feedback -Trial Recruitment -Actions from Previous reviews



## Demonstrating Agreement

- Where agreement to guidelines and policies is required this should be stated clearly on the cover sheet of the relevant evidence document.
- Evidence Guides will indicate the groups and individuals that need to be documented as agreeing the key evidence documents.



### Background

- A detailed assessment of Children and Young Peoples diabetes services across 20 provider units in the 14 PCT's of the Y&H SHA identified a significant variation in care with the number of children with an NDA HbA1c < 7.5% ranging from 3% to 30%
- The variation could not be explained by demographics or resource



## Methods

- Agreement was obtained from 3 units to pilot Peer Review in conjunction with the National Cancer Peer Review Team
- The methodology was developed and the Measures were written along with a Handbook



#### **Peer Review in Paediatric Diabetes**





#### Handbook for the Paediatric Diabetes Peer Review Programme

Contains details of the process from start to finish Including:

- 1. The Peer Review Programme
- 2. Self Assessment
- 3. Outcomes of the Peer Review Process
- 4. Identification of Concerns
- 5. CQuINS



## **Paediatric Diabetes Measures**

- Based on availability of Hospital services.
- MDT Clinic functionality.
- National Diabetes Audit.
- Clinical Management of patients.
- Patient Experience.



## **Organisations Participating**

Hull & East Yorkshire Hospitals NHS Trust

- Bradford Teaching Hospitals NHS Foundation Trust
- Calderdale & Huddersfield
   NHS Foundation Trust



## **Team Preparation**

- The 3 teams were given support from the NCPR team along with further support from the Regional CYP Diabetes Network
- Each team submitted
  - an annual report
  - an operational policy
  - a work plan for the year with goals with an aim to improve on PNDA results
- All supporting documents uploaded on to CQuINS database



## **Team Preparation**

- The Trust Chief Executives received a letter informing them of the intention of the Peer Review team to visit the unit and the intended date
- The provider unit teams received training in the Peer Review process from the NCPR team and a pre review on site visit after their submission of evidence
- The multi disciplinary Diabetes Peer Review team received training from NCPR team



## **Using CQuINS V4**

Available via the web site at: <u>www.cquins.nhs.uk</u>

- Secure web based database supporting each stage of the cancer peer review process
- Records assessments, compliance with the measures and reports
- Provides information for national analysis and reporting

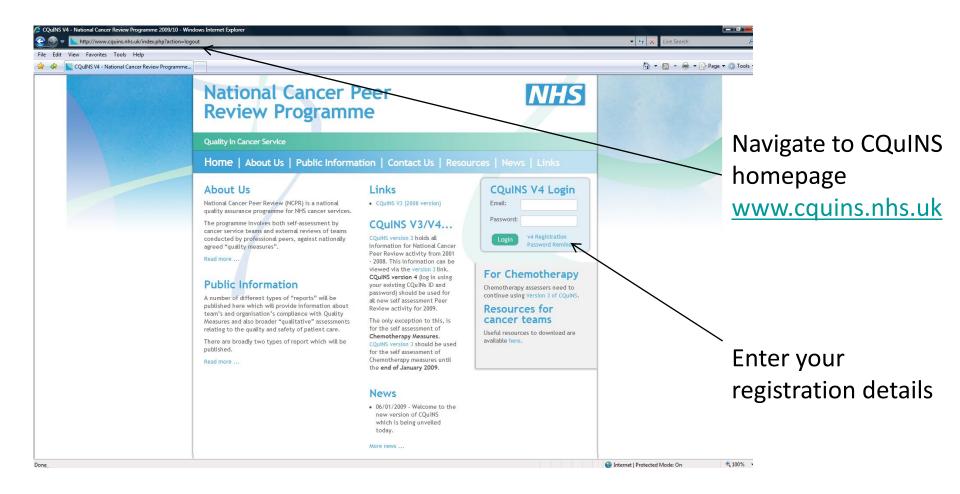


## CQuINS V4

- Front end Website
  - Resources for Teams
  - Measure Manuals
  - Published Reports
  - Public Information About NCPR.
  - NCPR News
- Login Access to the Database
  - (which wont be publicly accessible)



### **CQuINS Homepage**





# CQUINS<br/>Version 4Upload SuccessNational Cancer Peer<br/>Review Programme

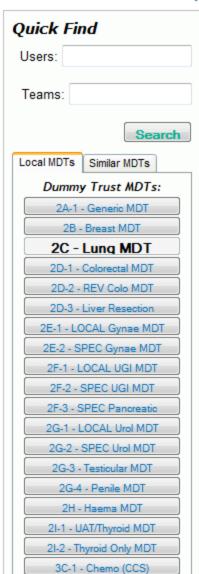
View Record

#### Home $\Rightarrow$ X $\Rightarrow$ DUMMY $\Rightarrow$ Dummy Locality $\Rightarrow$ Dummy Trust $\Rightarrow$ 2C - Lung MDT

Summary

Upload Documents





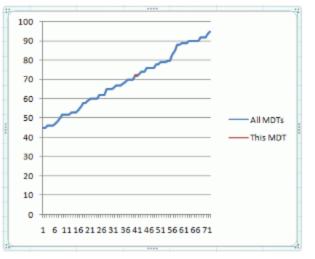
000 0 I

[60 Msrs]	SA	IV	EV	PR
%age Assessed:	20%	40%	0%	100%
%age Compliant:	70%	60%	0%	80%
Last Assessed:	14-Sep	12-Sep	20-Aug	27-Aug
	2008	2008	2008	2008
Assessments	11-Jan	1-Feb	31-Mar	01-May
Begin:	2009	2009	2009	2009
Assessments	11-Jan	1-Feb	31-Mar	01-May
Deadline:	2009	2009	2009	2009

Assessments

#### Dummy Trust 2C - Lung MDT

Browse All MDTs



#### Key Evidence Documents

Type Document Title	Uploaded By	Date	View A	ction
OP Operational Policy	NH 21 Nov	08 View	v Downloa	d 🔺
AR Annual Report	NH 21 Nov	08 View	v Downloa	d
MD Mark Drogramma	N⊟ 21 No.	.00 <i>Viou</i>	, Downlog	- T
R	eports			
Type Document Title	Uploaded By	Date	View A	ction

#### **Team Members**

#### **Self-Assessment vs Peer Review**

Level of compliance against paediatric diabetes measures

• Self Assessment average: 91%

• Peer Review average: 75%



#### Who are Reviewers?

#### Multidisciplinary teams of

• Service Users, Clinicians, Managers, Commissioners

"Peers are people who have been trained and working in the same discipline as the people they are reviewing"

Reviewers will not be from the own Trust

NHS

## The Visit Day





#### Categorising Review Findings

Immediate Risk	<ul> <li>An issue that is likely to result in harm and requires immediate action</li> </ul>
Serious	<ul> <li>An issue that could compromise the quality or</li></ul>
Concern	outcome of patient care
Concern	<ul> <li>An issue that affects the delivery or quality of the service</li> </ul>
Good	<ul> <li>Relates to the service and can be either innovative</li></ul>
Practice	or common practice undertaken very well



## Results

- 3 diabetes services visited over a 3 consecutive day period
  - 1 team was identified as the highest performing team in the region
  - 2 teams acknowledged that they were struggling to improve service provision and outcomes



## Results

- The high performing team
  - had clear clinical governance framework
  - had an operational policy which was in use
  - downloaded all pumps and BG meters and used this information to teach and train staff and patients/families
- 100% patients on MDI regimens with 40% on CSII



## Results

- One of the 2 other teams was identified as having a major concern over dietetic provision and a letter was sent to the CEO
- Both teams had low numbers of patients on MDI regimens and pumps
- Both services highlighted excessive workload of the MDT as the reason for not using intensive insulin therapy
- One team had significant levels of deprivation
- Neither team had Directorate support to improve service provision



## **Good Practice Identified**

- Young adult clinic transitional arrangements
- Education/teaching session for families
- E-learning module
- Interaction with local schools
- Support worker role
- Use of technology for alerting patients



## **Serious Concern**

- Lack of dietetic support. Impacting on level of control of HbA1c and general diabetes management. Lack of capacity affecting implementation of NICE pump guidelines
- Trust gave an undertaking to recruit Specialist Diabetes Dietitian.



### Concerns

- Performance against HbA1c targets.
- Sustainability of on-call rota.
- Lack of formal access to psychological support.
- Lack of progress on developing facilities for downloading of meters and pumps.



#### What Happened Next?

Feedback to team at end of review day Draft report circulated to the Review Team and Trust Team / Network for comment on factual accuracy Final report completed within 6 weeks Report available on CQuINS website



## Conclusions

- All teams found Peer Review a supportive process
- All teams felt that it had helped them to structure their service and identify a way forward
- All teams thought Peer Review was a good way of driving up performance
- Peer review of all 20 units in SHA Y&H has been completed during Feb/ March 2012



#### In Summary Benefits of Peer Review

- Provision of disease specific information across the region together with information about individual teams which has been externally validated
- Provision of benchmark data
- Provision of a catalyst for change and service improvement
- Identification and resolution of immediate risks to patients and or staff
- Engagement of a substantial number of front line clinicians in reviews



#### In Summary Benefits of Peer Review

- 100% Clinical support for peer review
- Enabled rapid sharing of learning between clinicians, as well as a better understanding of :
  - Commissioning Services for Children and Young People with Diabetes
  - Delivering the Diabetes National Service Framework
- Will provide support for future business cases along with the Best Practice Tariff





