

Lipid therapeutics update - going above and beyond statin therapy

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Changing epidemiology of diabetes

Type 1 diabetes

- Autoimmune disease
 - Childhood-onset disease
 - E.g. GAD Ab (+)
 - ‘Normal’ lipid profile

- Obesity
 - Increased childhood obesity
 - T2DM at age 12-20

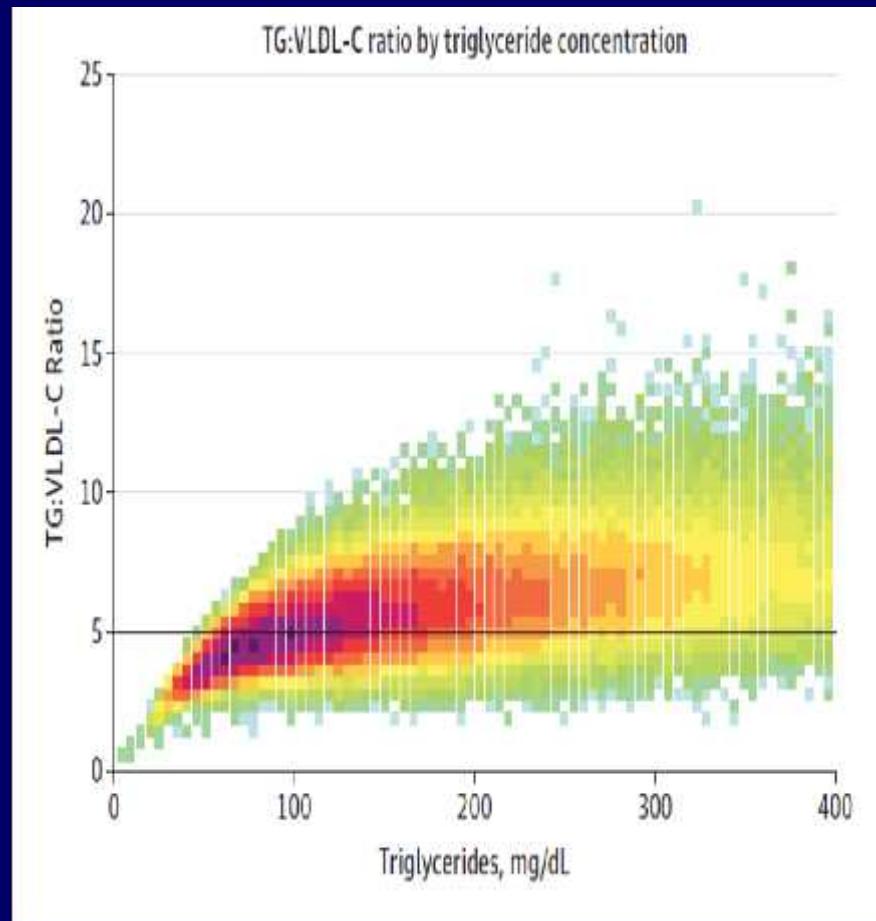
Type 2 diabetes

- Obesity
 - T2DM at age > 40
 - Atherogenic lipid profile
 - Low HDL-C; high TG; sdLDL

- Autoimmune disease
 - Adult-onset disease
 - GAD Ab (+); HLA-DQ group

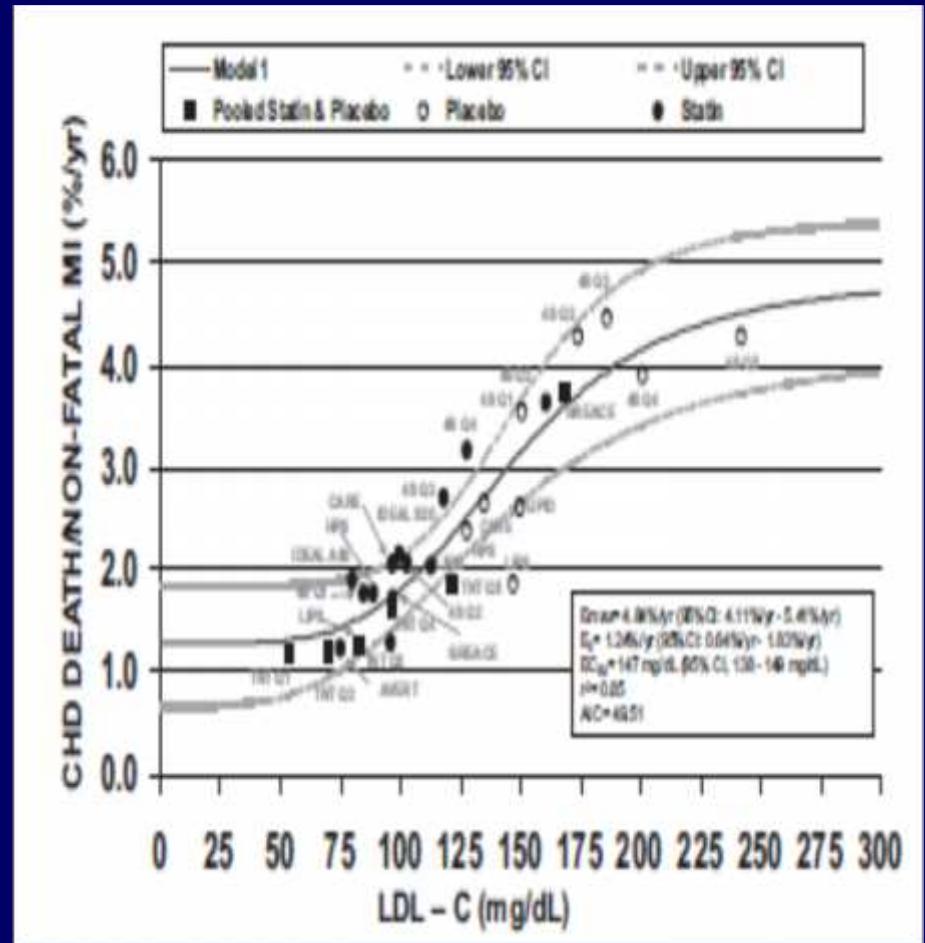
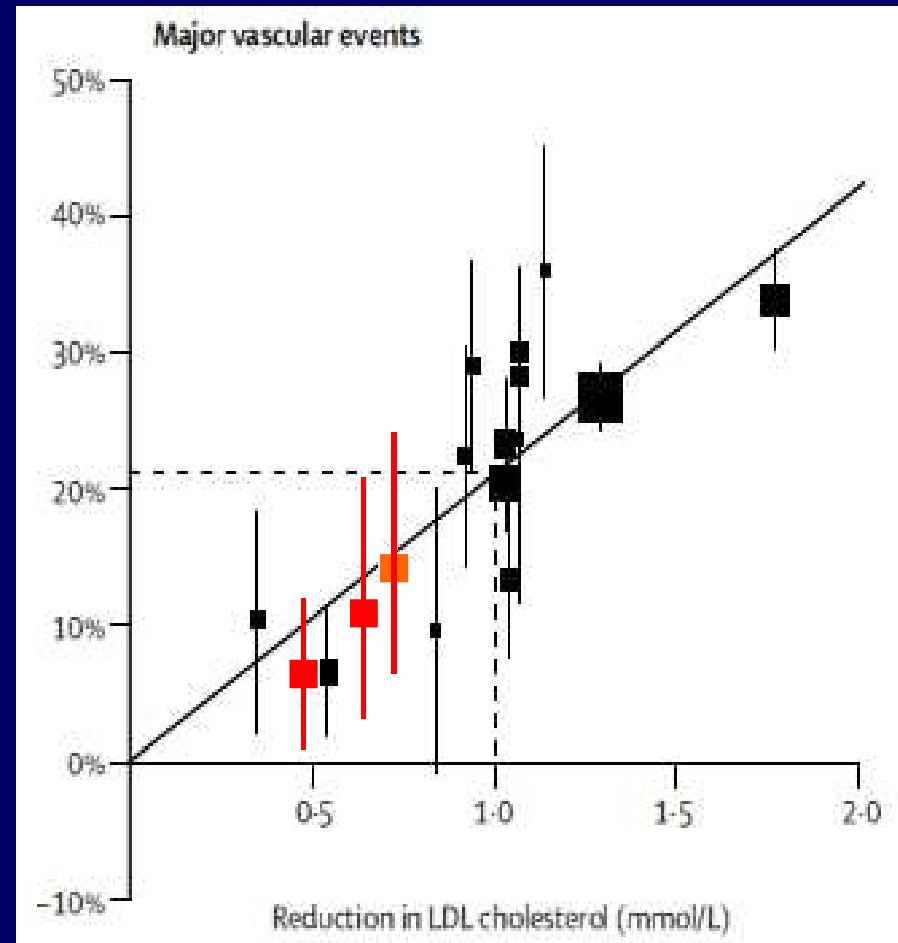
Problems with calculated LDL-C: Lipid efficacy: switch to non-HDL-C

- LDL-C Friedewald
 - Poor calibration
 - Little DM data
- cLDL-C on-treatment error
- Non-HDL-C better for CVD risk
- NHS Health Check
 - Move to HbA_{1c} for DM
- GP workload pressure



N=1,350908

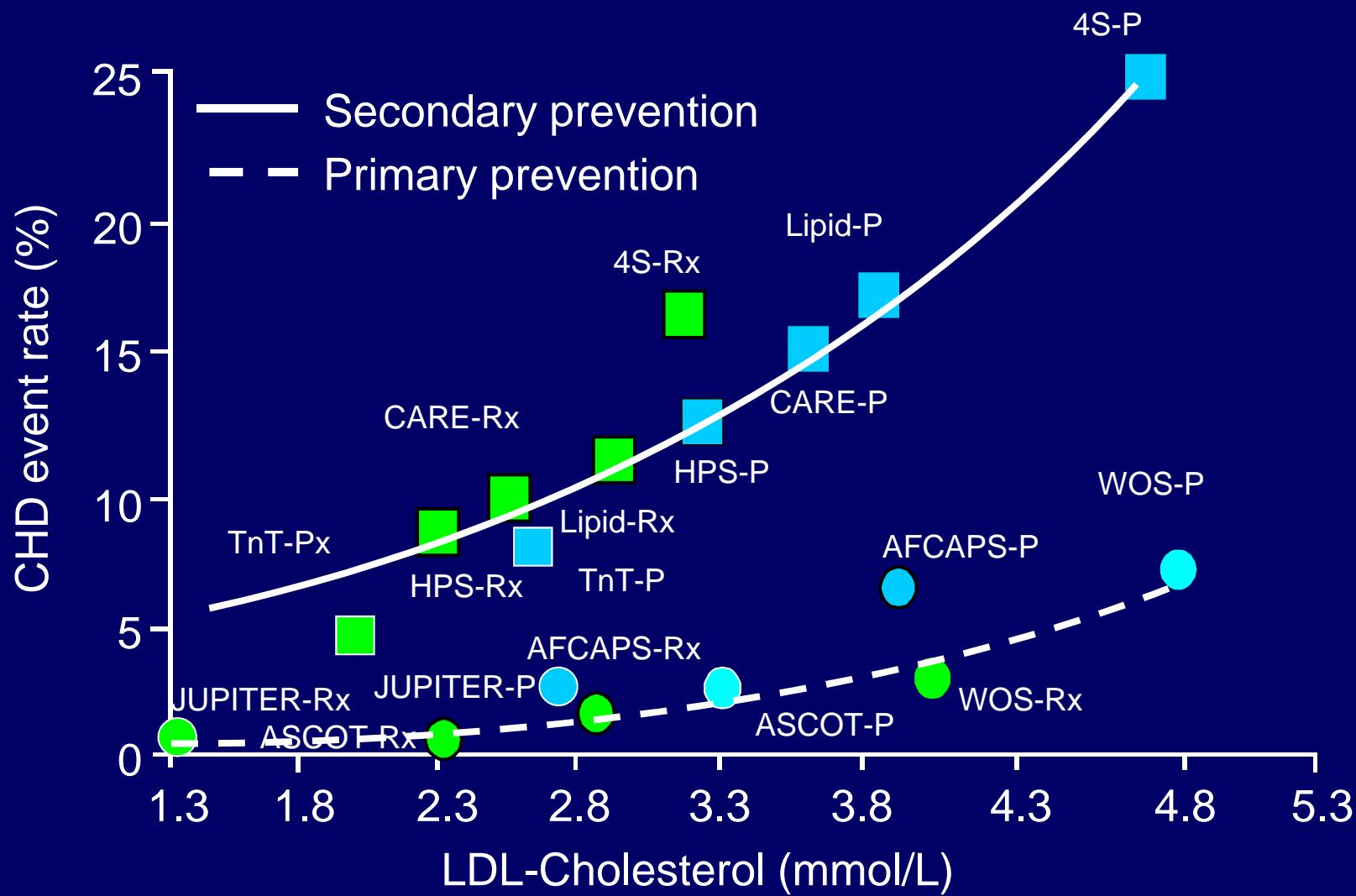
Meta-analyses of CHD vs LDL-C and Incremental effects of lipid drugs



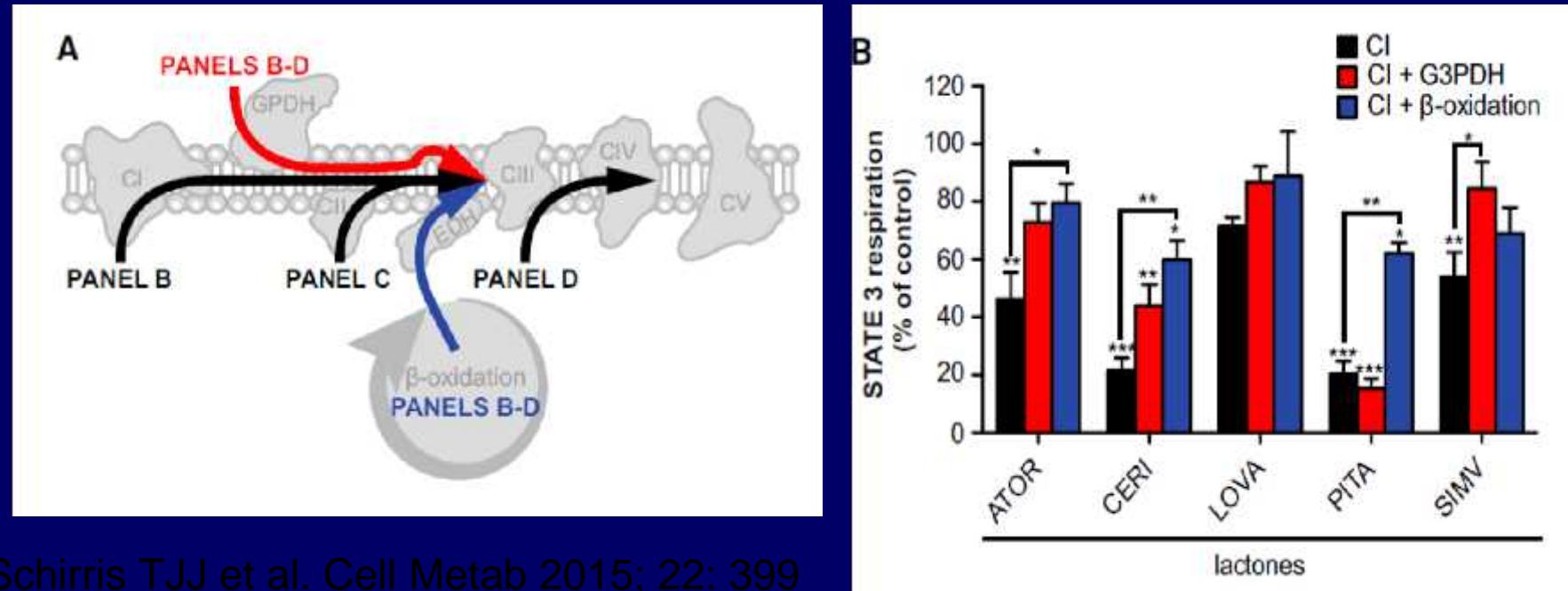
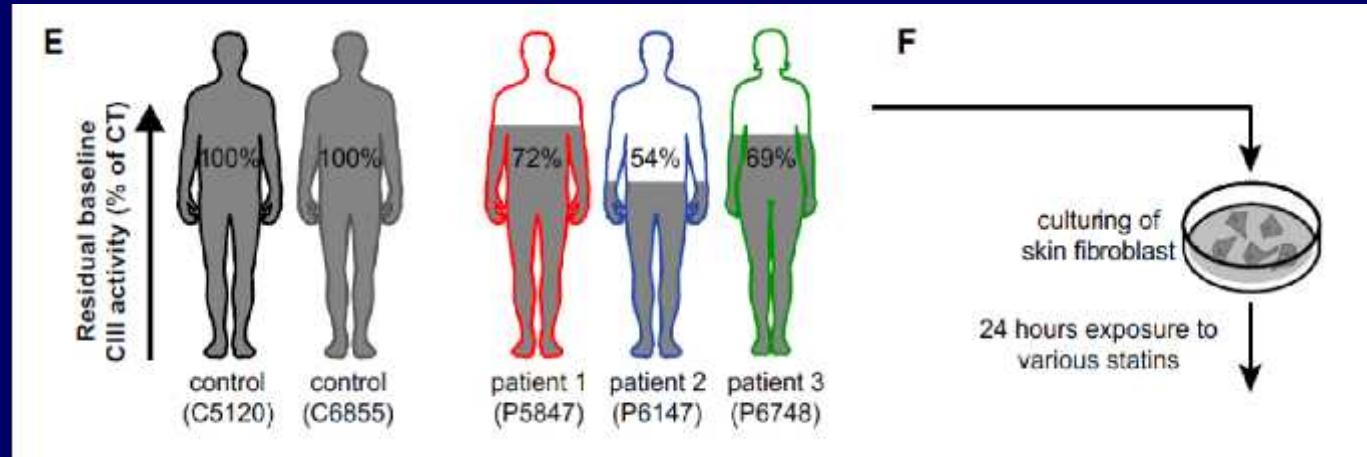
Cholesterol Treatment Trialists; Lancet 2010; 376: 1670

Charland SL & Stanek EJ; Pharmacother 2014; 34 : 452

All Prevention: Is lower better? (in 2009)



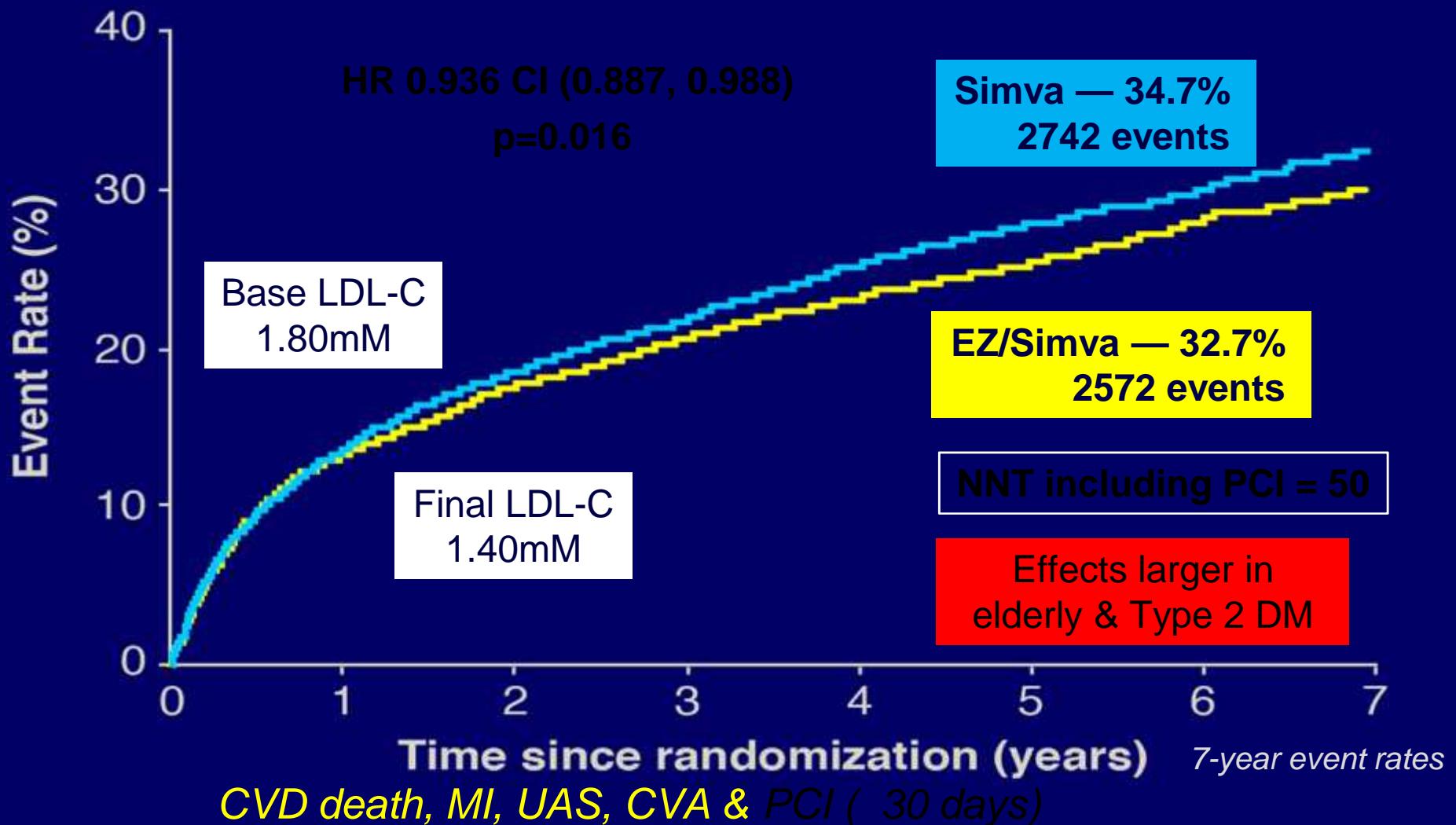
Statin myopathy- a mitochondrial complex 3 problem



New approaches to lowering LDL-C

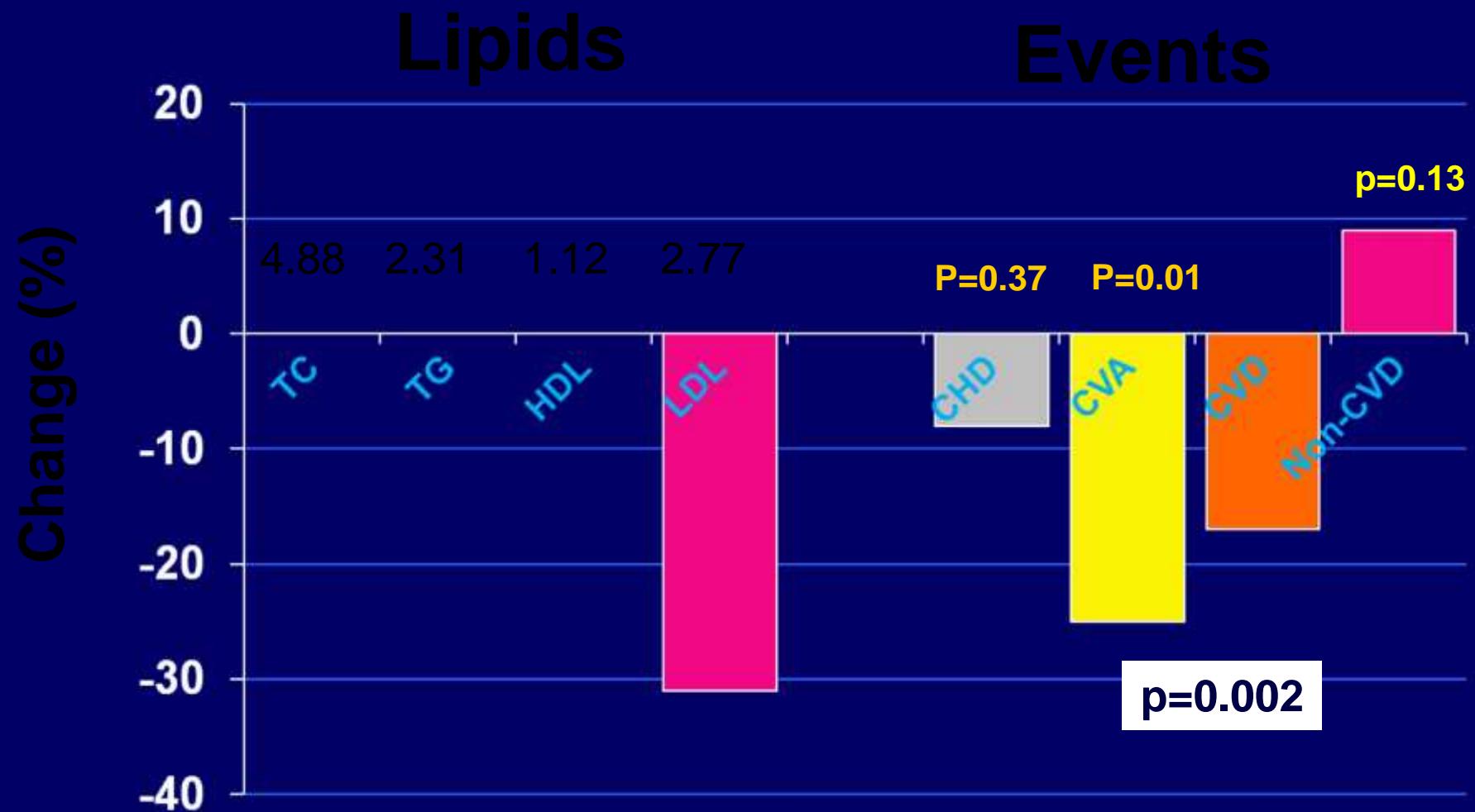
- Inhibiting absorption
 - Bile acid sequestrants
 - Cholestyramine, colestevam (LRC-PPT)
 - NPC1L1 antagonists
 - Ezetimibe
 - Ileal bile acid transport inhibitors (IBATS)- discontinued
- Inhibiting synthesis (increasing LDL-R expression)
 - Squalene synthase inhibitors
 - Lapaquistat- discontinued
 - Acid citrate lyase inhibitors
 - Bempedoic acid
 - Agents affecting LDLR expression
 - Thyromimetics- Eprotirome; Sobetirome
 - PCSK-9 inhibitors
 - Agents affecting apoB stability
 - Berberine- discontinued
 - Antisense oligonucleotides (ASOs): Mipomersen
 - MTP inhibitors: Lomitapide

IMPROVE-IT: Ezetimibe in ACS Primary Endpoint — ITT



SHARP: (Statin of Heart And Renal Protection)

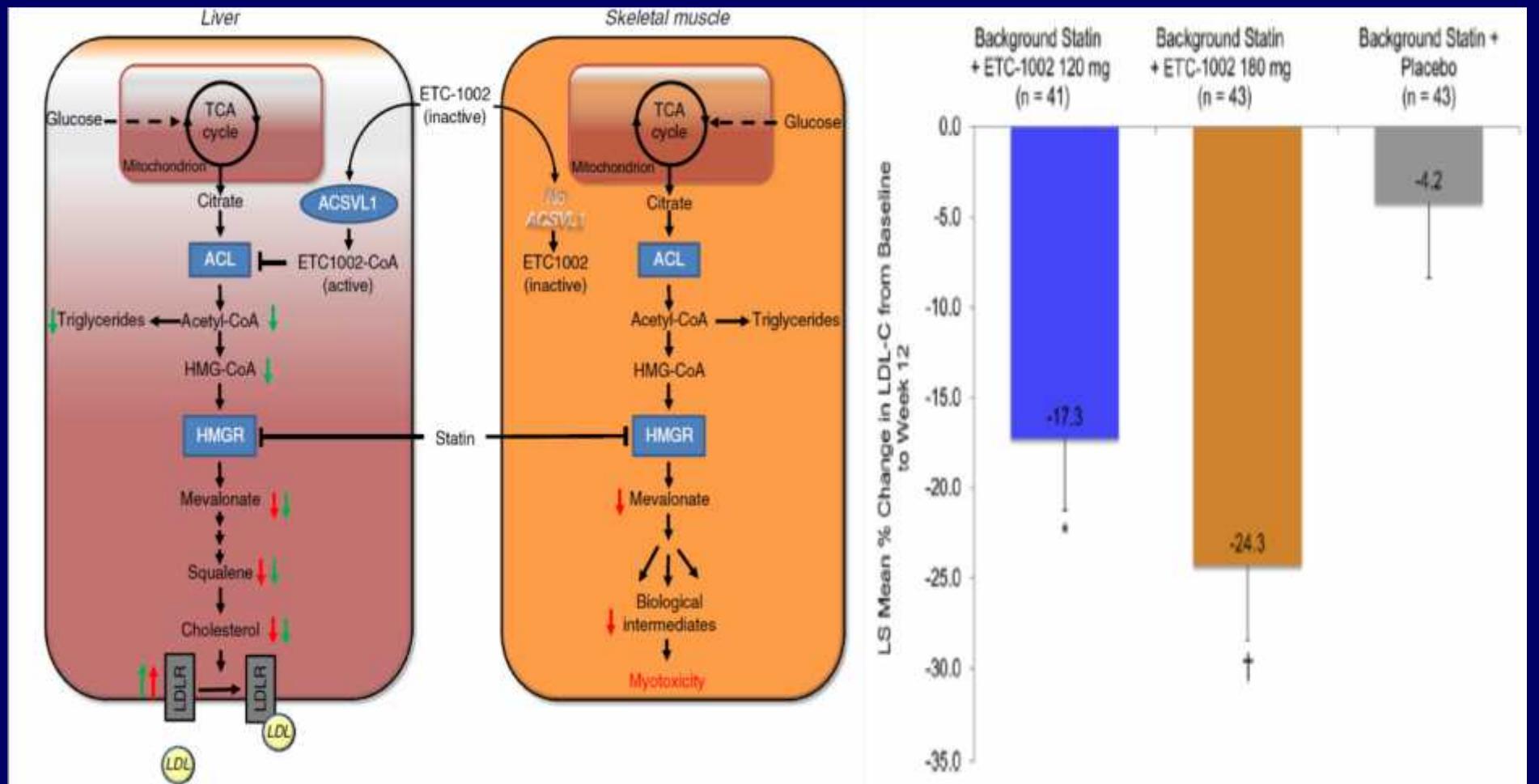
Principal results: Simvastatin 20mg + Ezetimibe 10mg



Baigent C et al ; Lancet 2011; 377 : 2181

Primary prevention; n= 9720

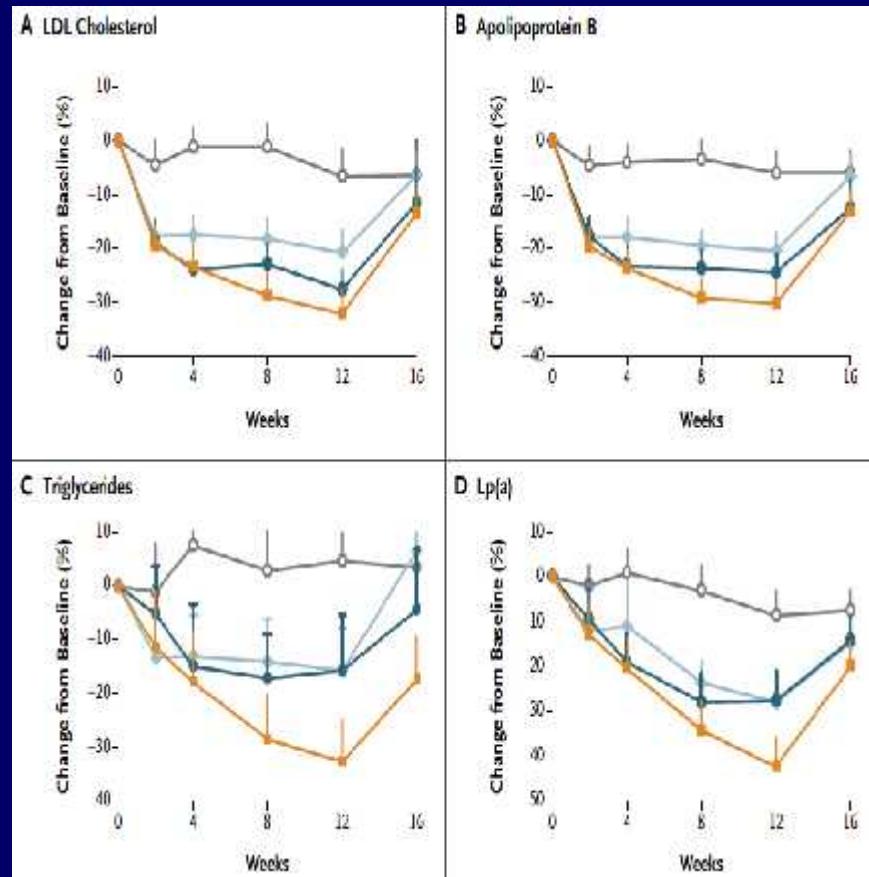
ATP-citrate lyase & bempedoic acid



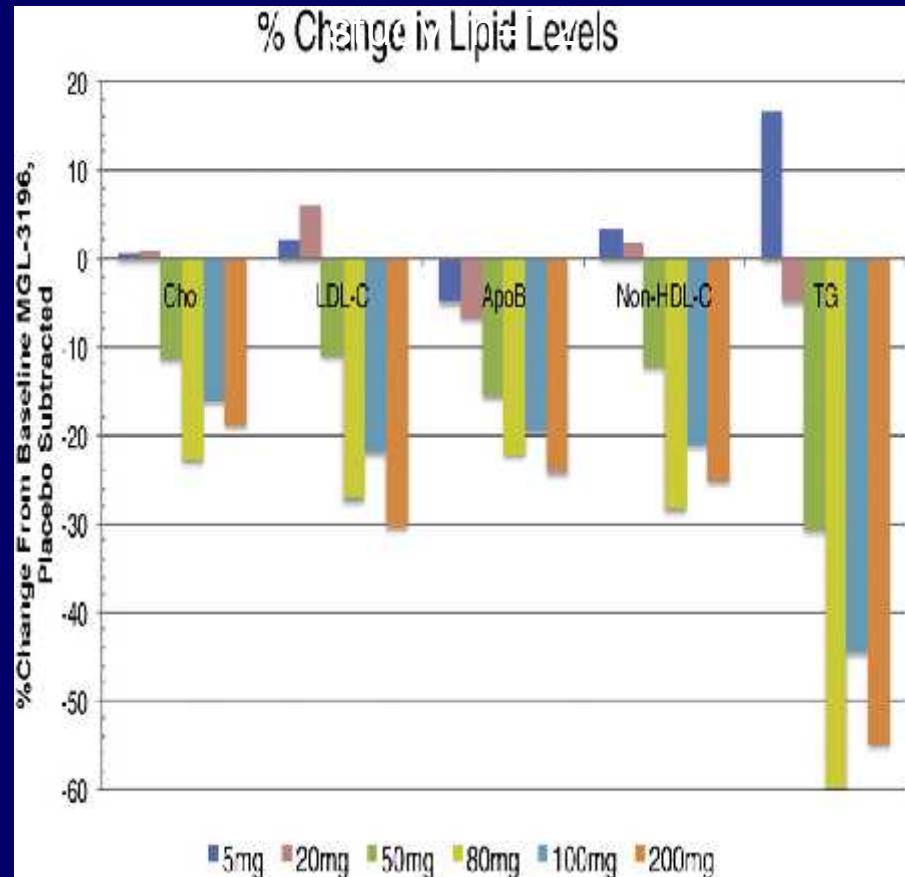
Pinkosky SL et al. Nature Comm 2016; 7: 13457
 Ballantyne CM et al. Am J Cardiol 117: 1928

Thyromimetics:

Eprotirome phase II; n=329

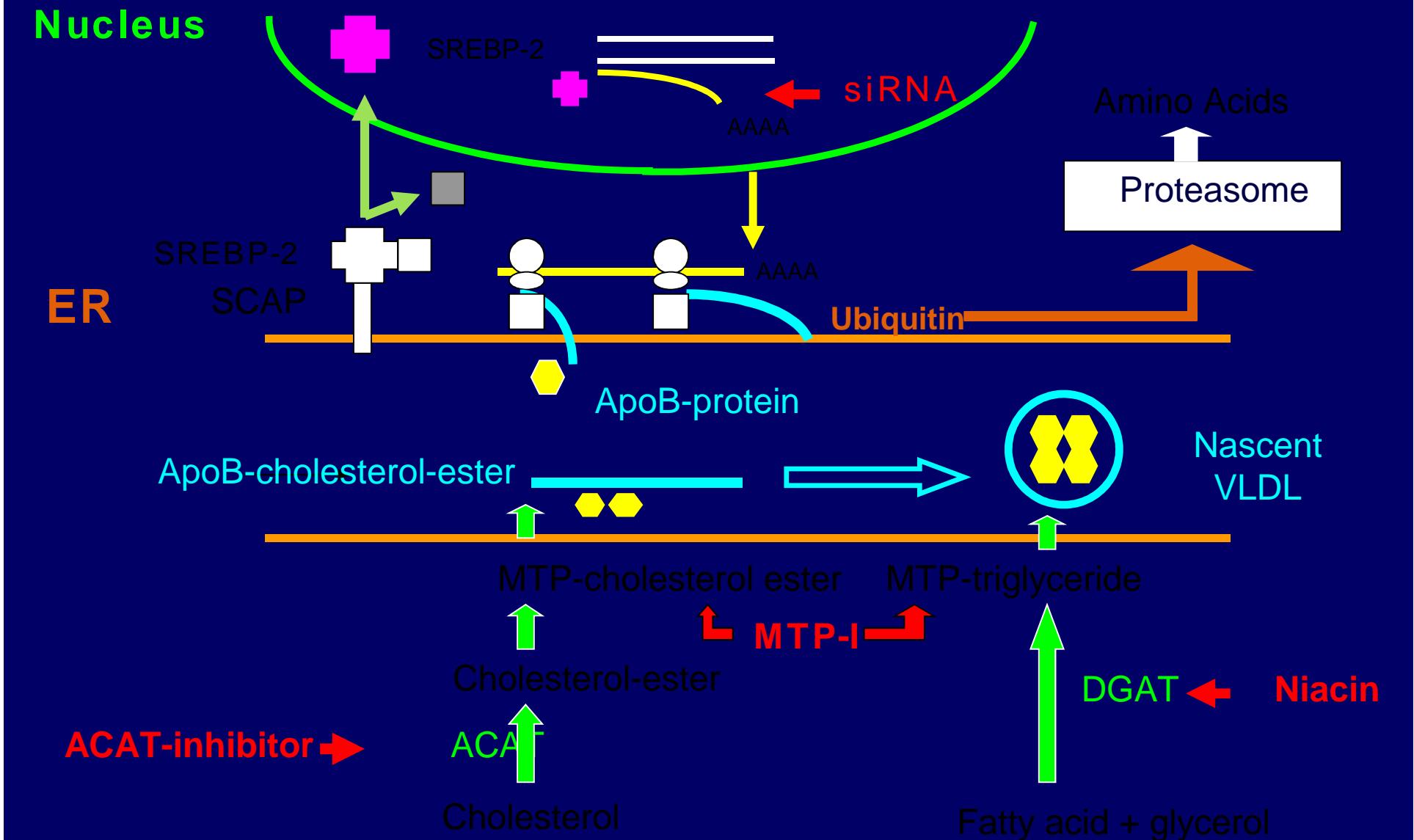


Sobetirome (MGL-3196); Phase I



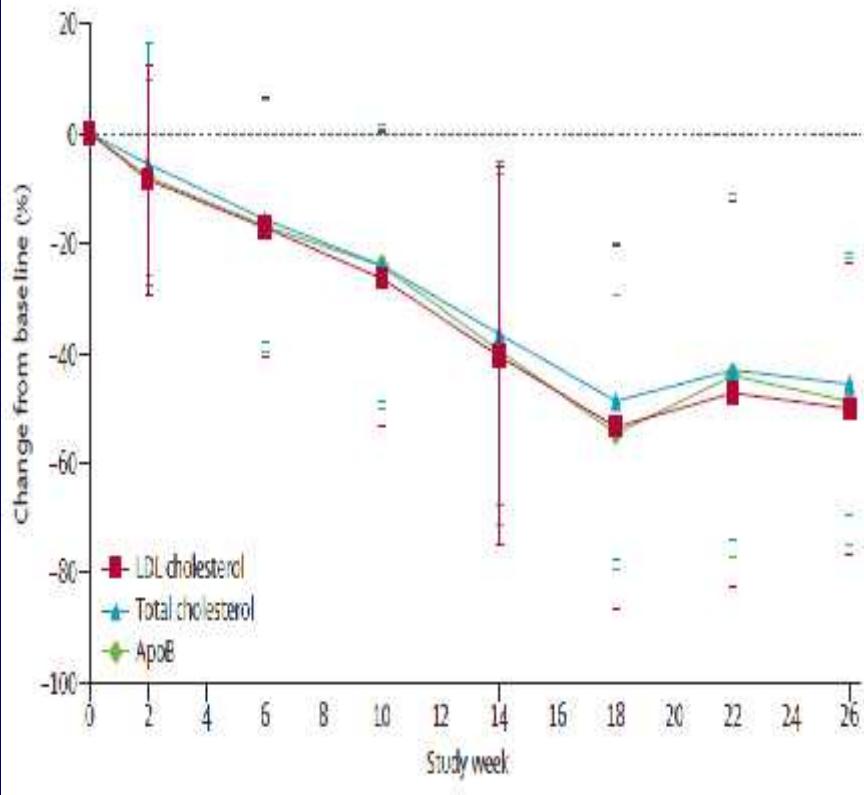
Ladenson PW et al ; NEJM 2010; 362: 906
Taub R et al; Atherosclerosis 2013; 230 : 373

Synthesis of apoB particles

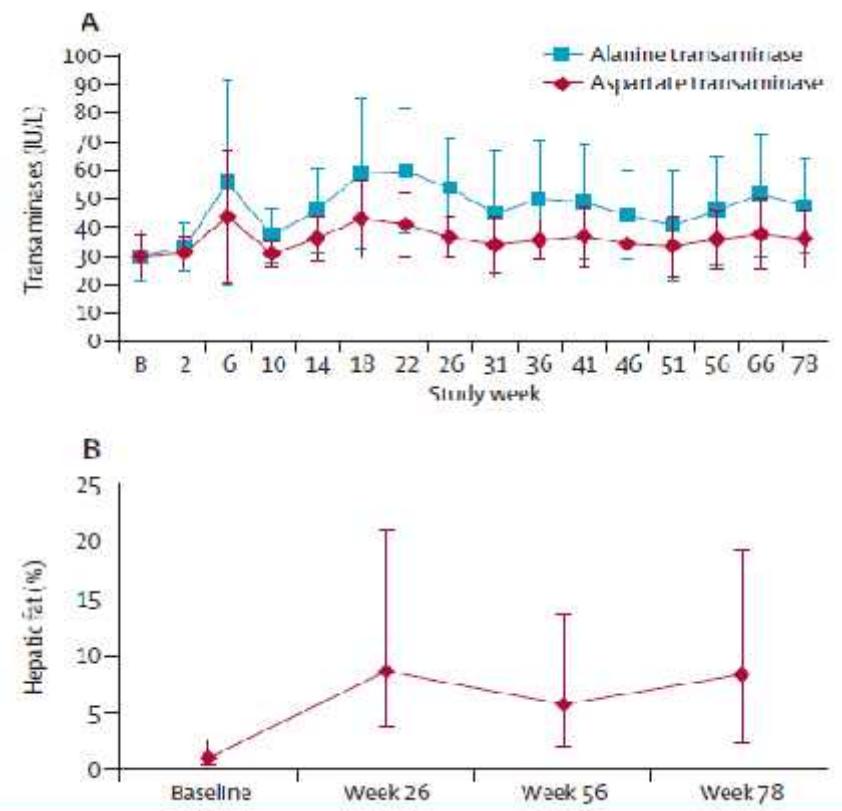


Effect of microsomal transfer protein inhibition with lomitapide in homozygous FH in man

Efficacy in reducing LDL-C



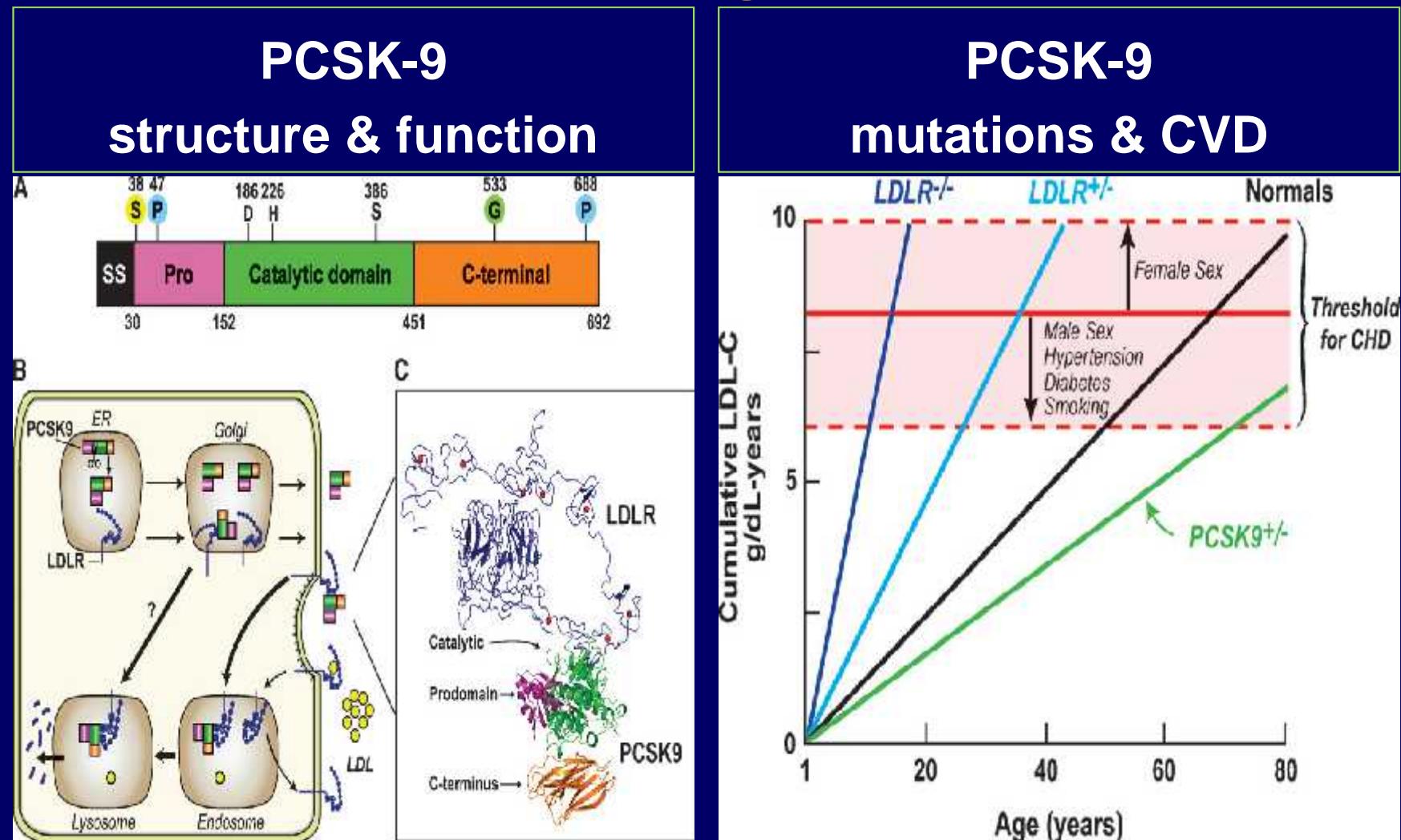
Transaminases & liver fat



Cuchel M et al; Lancet 2013; 381; 40-46

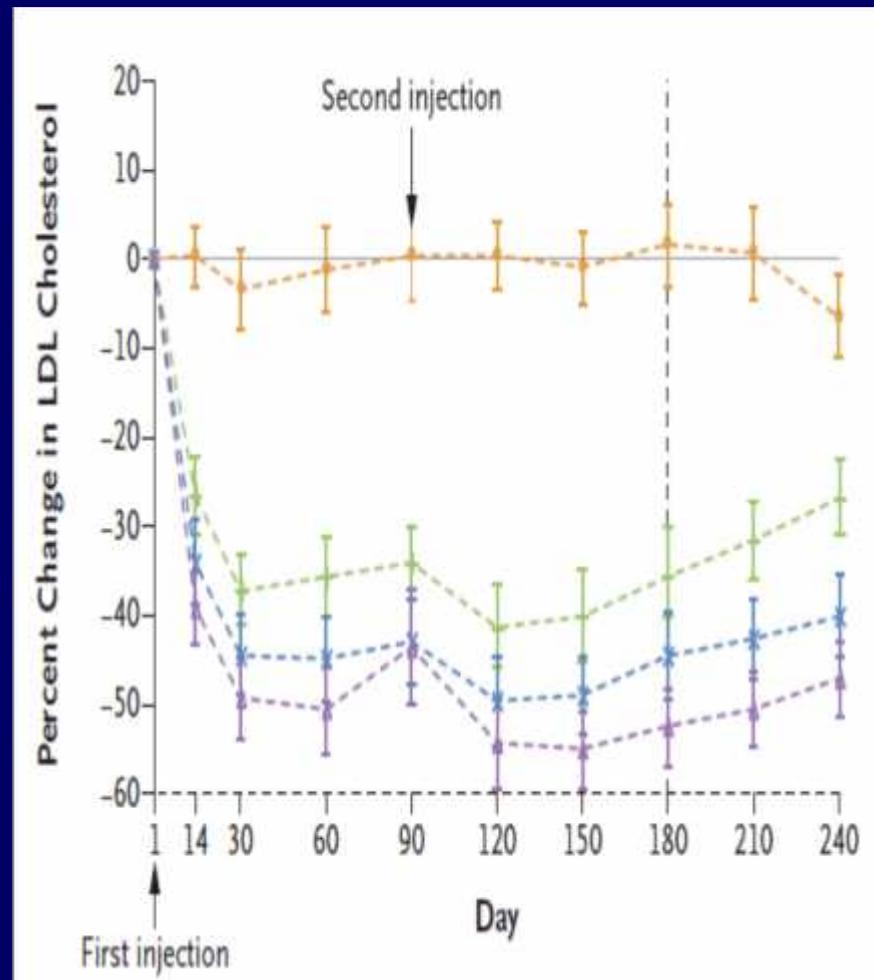
N=29

Modulating PCSK-9



Effects of PSCK-9 inhibition on LDL-C & apoB

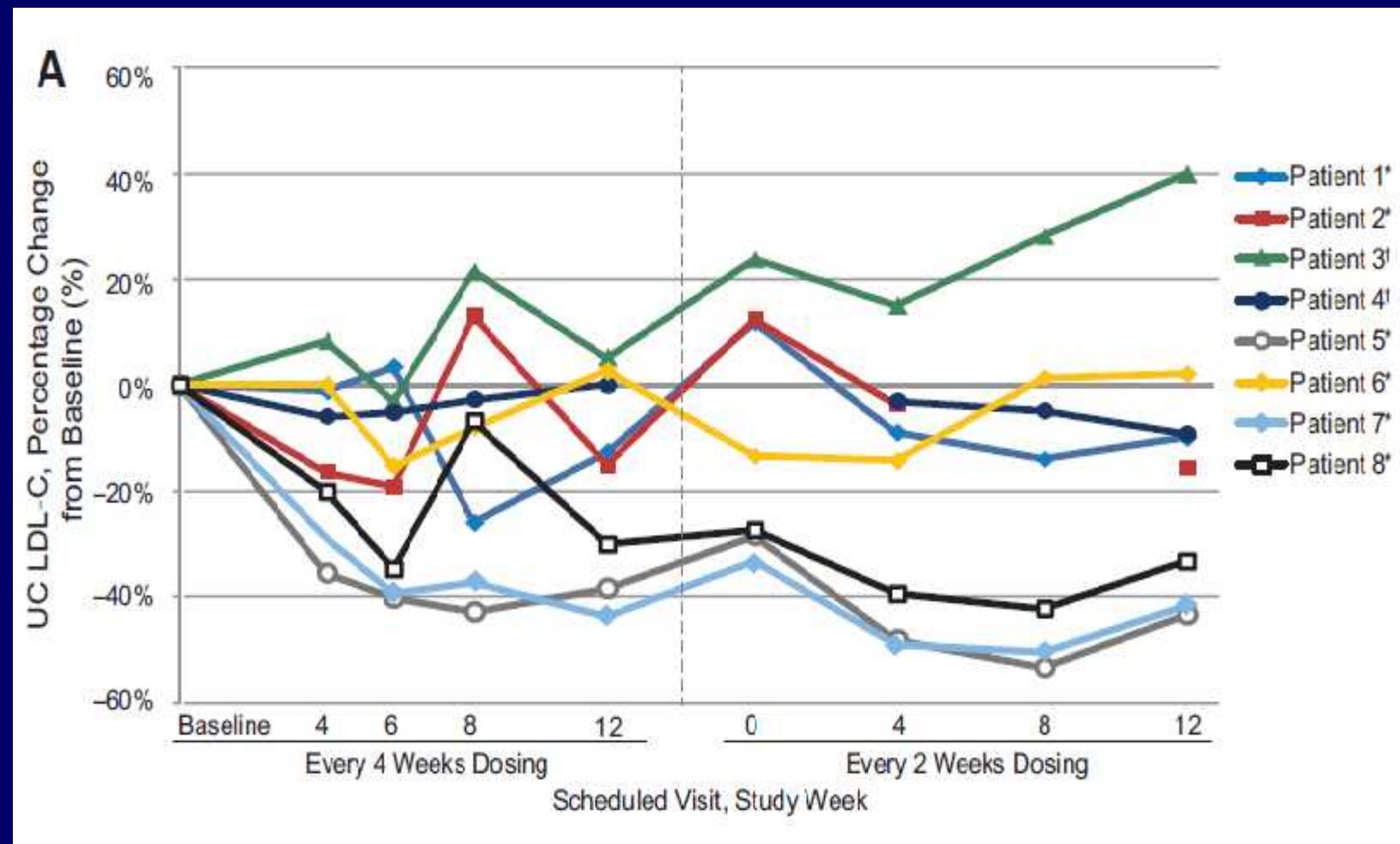
- PSCK-9 inhibitors
 - Small molecule
 - Pre-clinical only
 - Antibody
 - Alirocumab;
 - Evolocumab;
 - Bococizumab- discontinued
 - Antisense oligonucleotide
 - SPC-5001- discontinued
 - Targeted siRNA
 - inclisiran



Stein EA et al; Lancet 2012; 380 : 29
Ray KK et al; NEJM 2017: 376: 1430

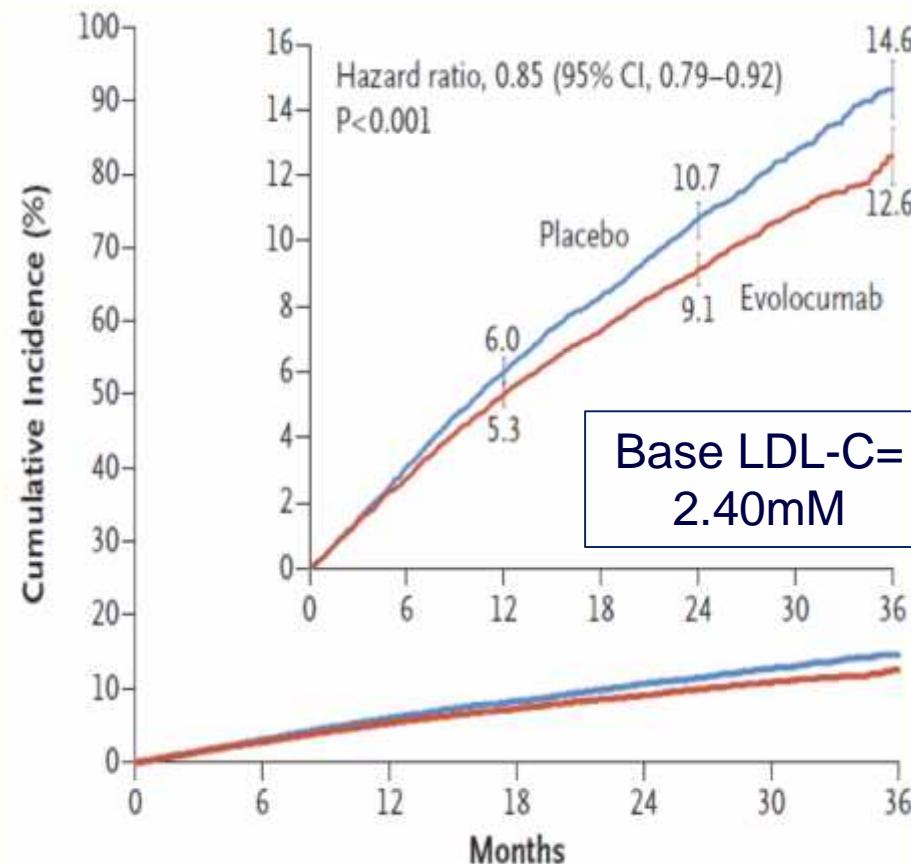
Inclisiran- 2 injections

Evolocumab in Homozygous FH (HoFH)

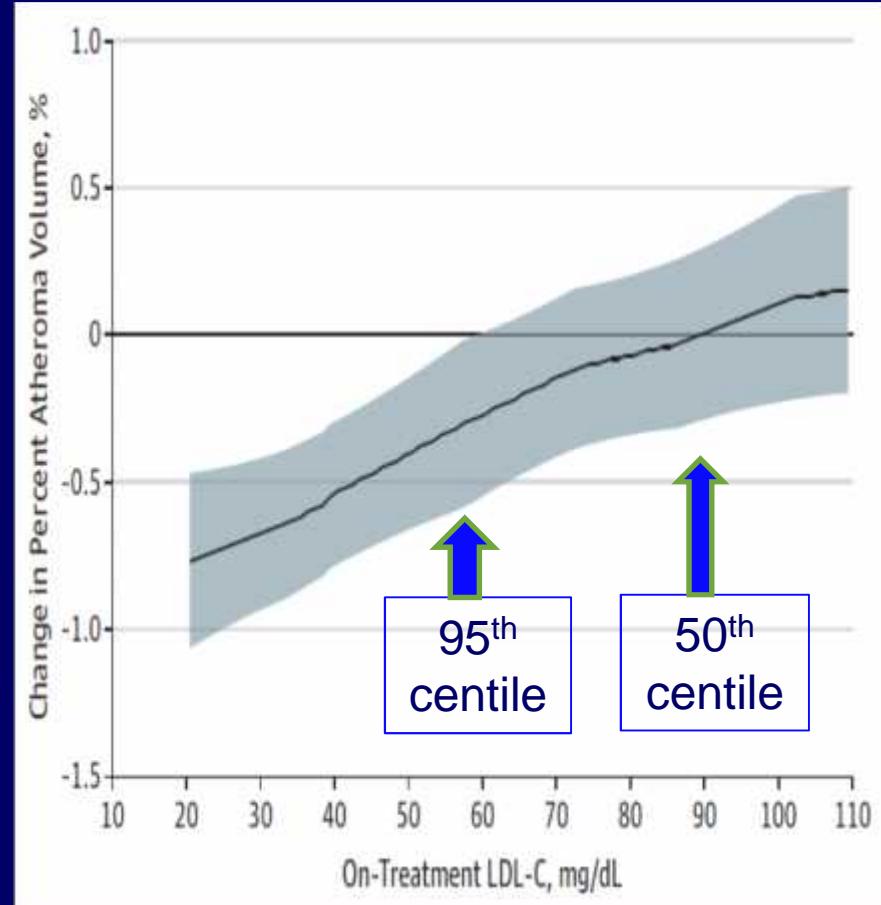


PCSK-9 trials: Evolocumab:

FOURIER ACS & CVD RFs



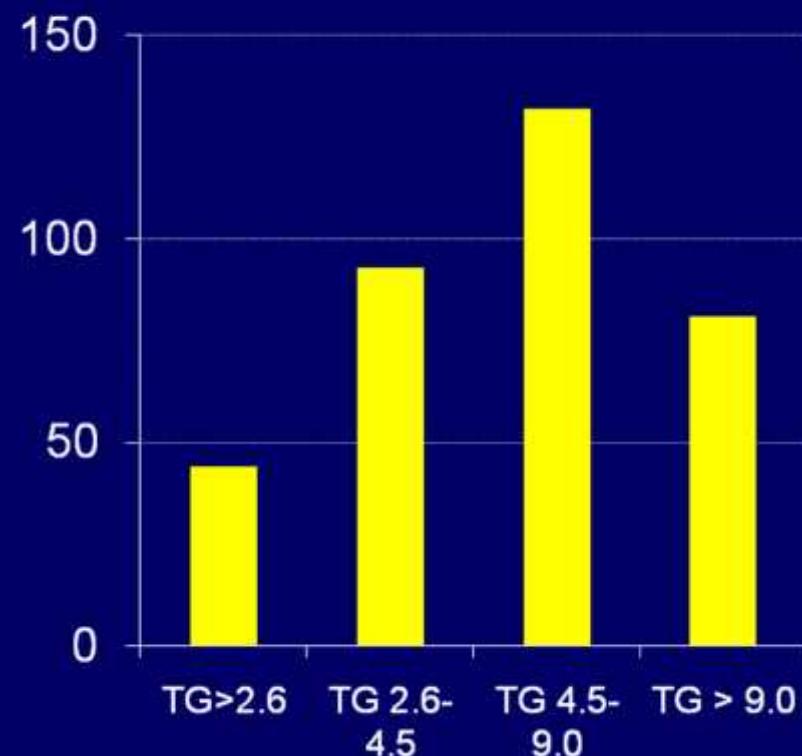
GLAGOV: IVUS analysis



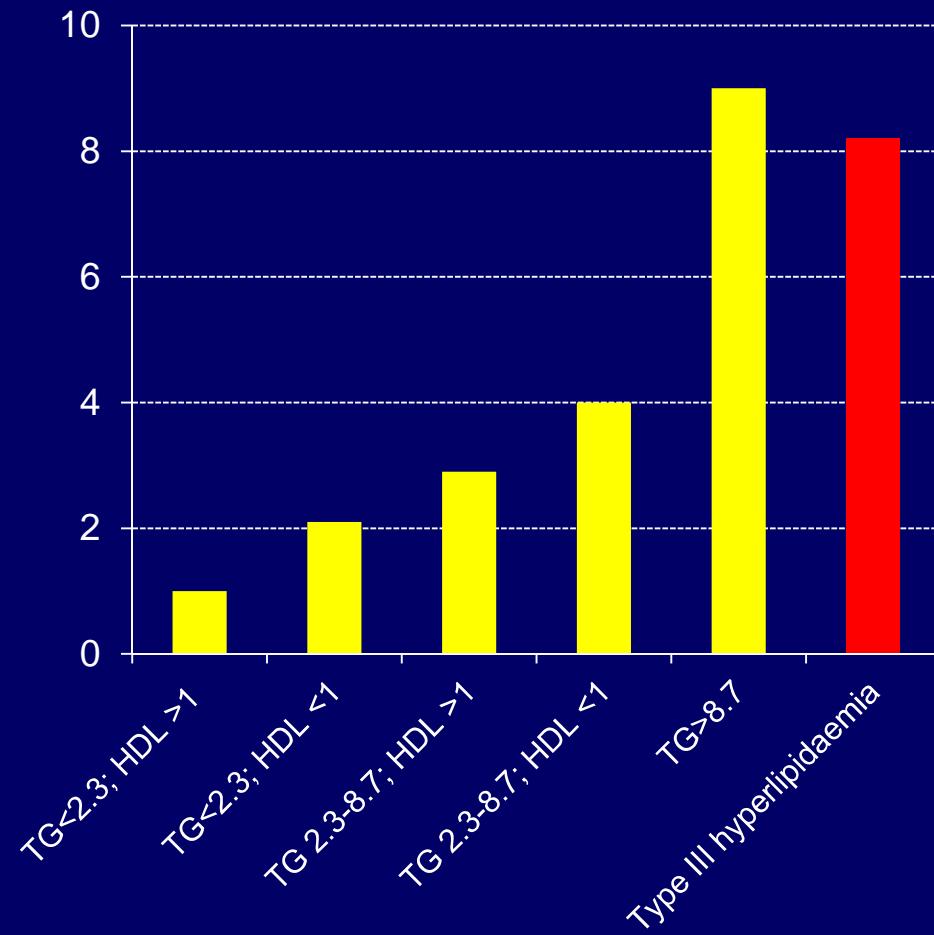
Sabatine M et al; NEJM 2017; 376: 1713
Nicholls SJ et al. JAMA 2016; 316: 2373

Triglycerides & CHD risk

CHD events :
rate/ $10^3/8\text{yrs}$



Relative risk



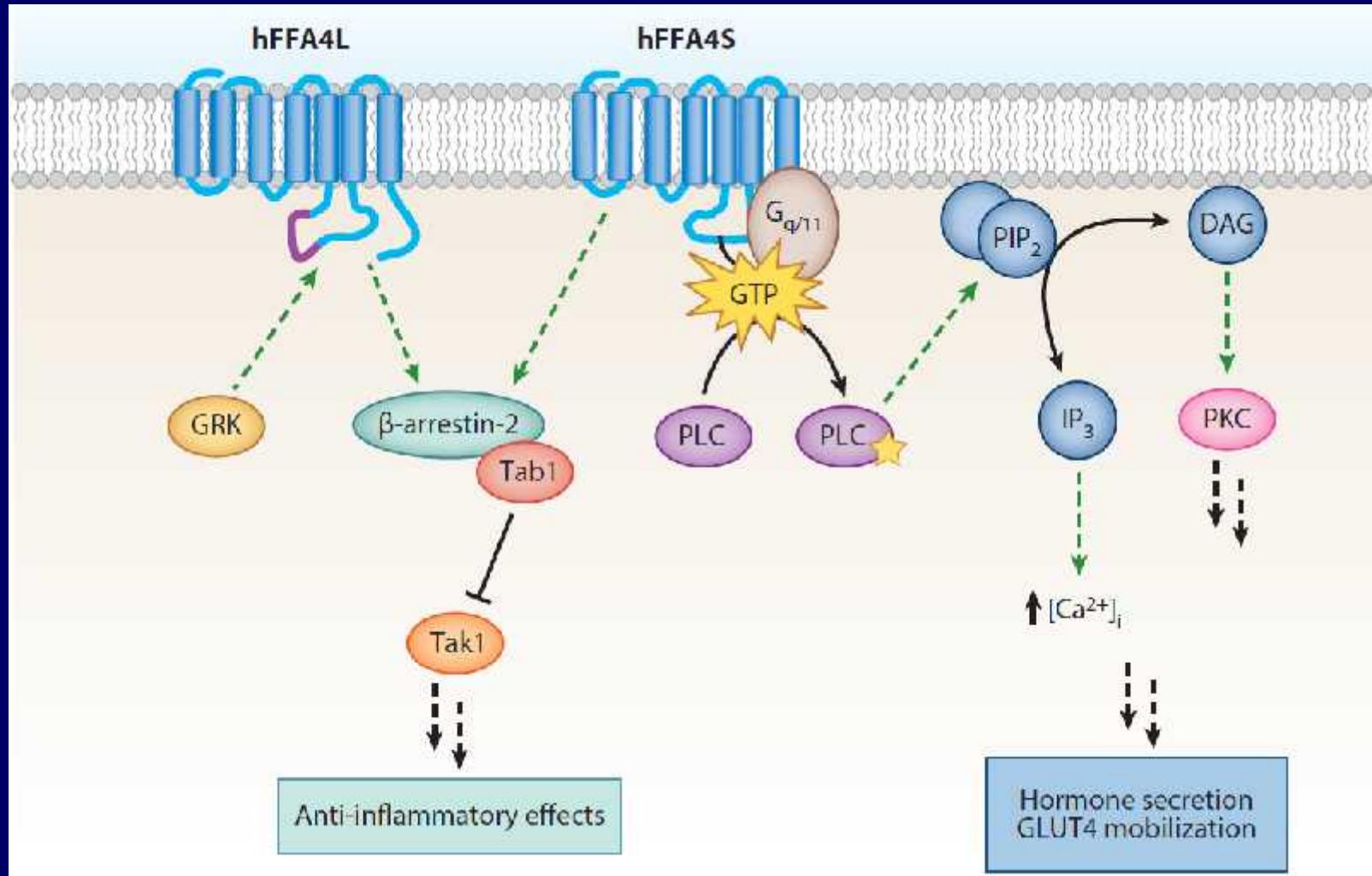
Assmann G et al; Am J Cardiol 1996; 77: 1179
Hopkins PN et al; JACC 2005; 45 :1003

New approaches to lowering triglycerides

Inhibiting synthesis

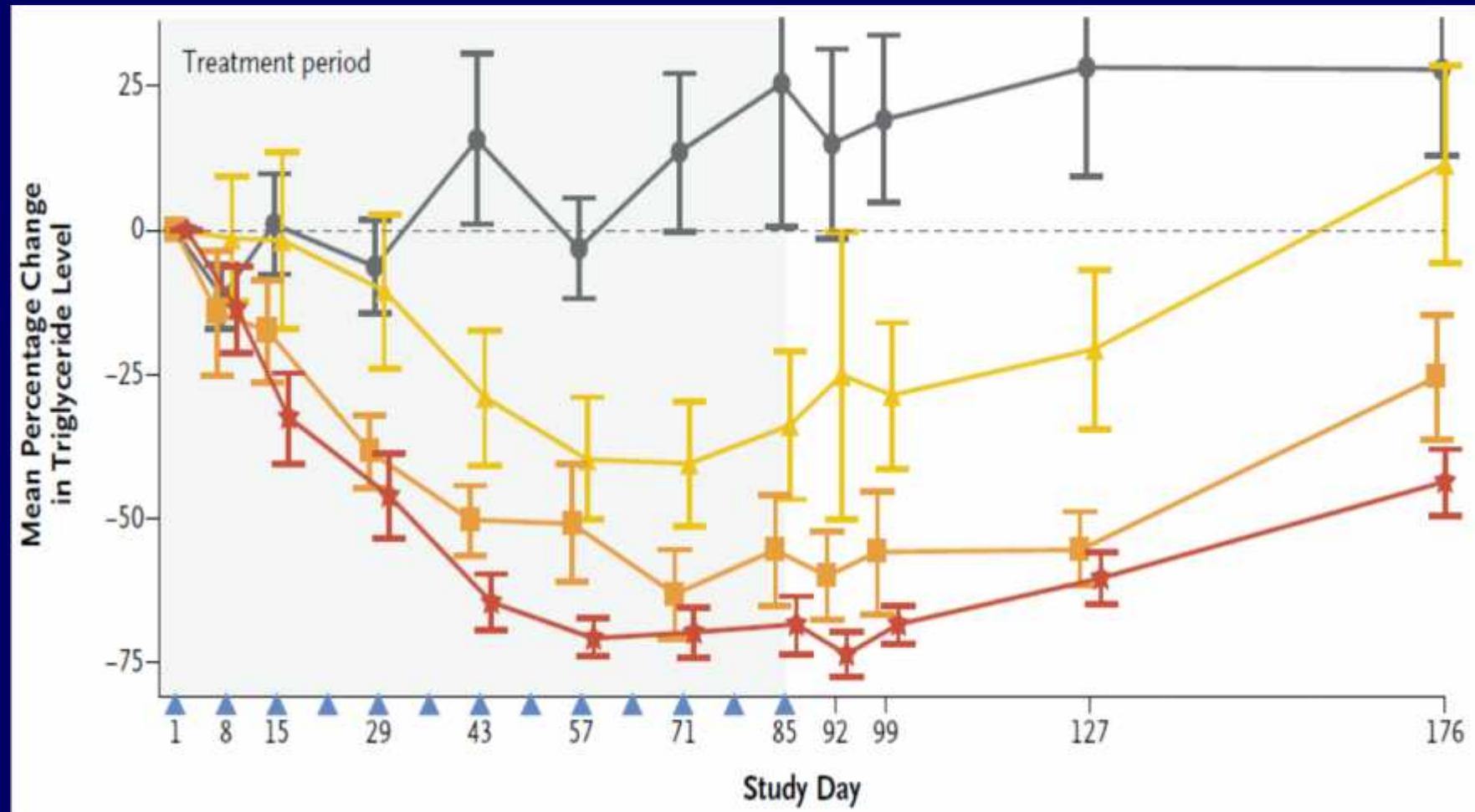
- DGAT-1 inhibitors
 - LCQ-908- discontinued
- MTP inhibitors
 - Lomitapide- single case – liver fibrosis
- Increasing clearance
 - PPAR- /
 - GFT-505
 - PPAR- /
 - Aleglitazar- ALECARDIO trial - discontinued
 - PPAR- /
 - DB-959
 - Antisense oligonucleotides to apoC3
 - Volanesorsen
- LPL
 - Gene therapy
 - Alipogene tiparvovec- discontinued (commercial)
 - ANGPTL3 inhibition
 - Evinacumab

Mechanism of omega-3 FA receptor- FFA-4/GP120



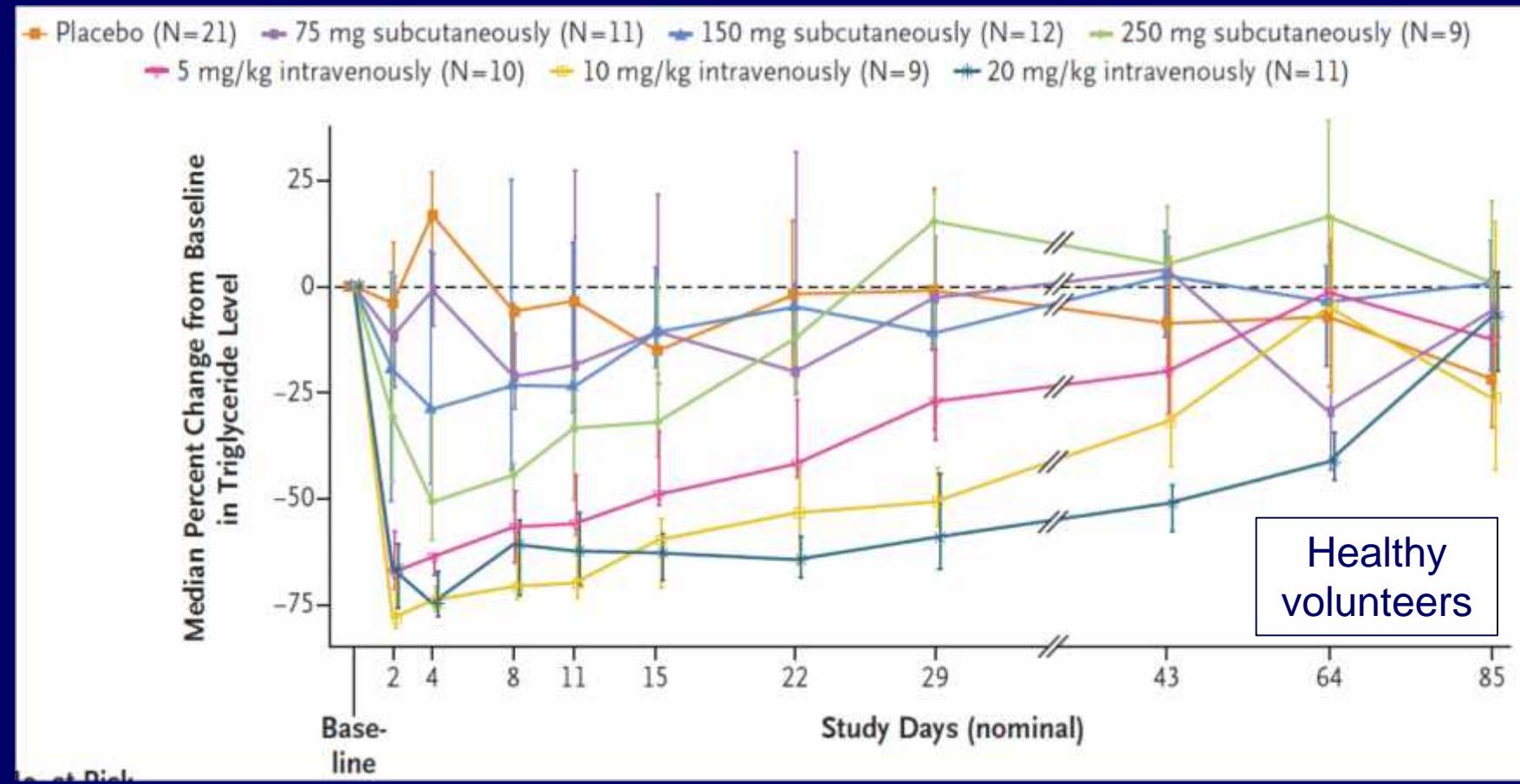
Ulven T & Christiansen E; Ann Rev Nutr 2015; 35 : 239

Triglycerides: Volanesorsen-apoC3 inhibition and LPLD/FCS



Gaudet D et al. NEJM 2015; 373 : 438

Triglycerides and ANGPTL3 inhibition: evinacumab



Dewey FE et al; NEJM 2017; 377: 211

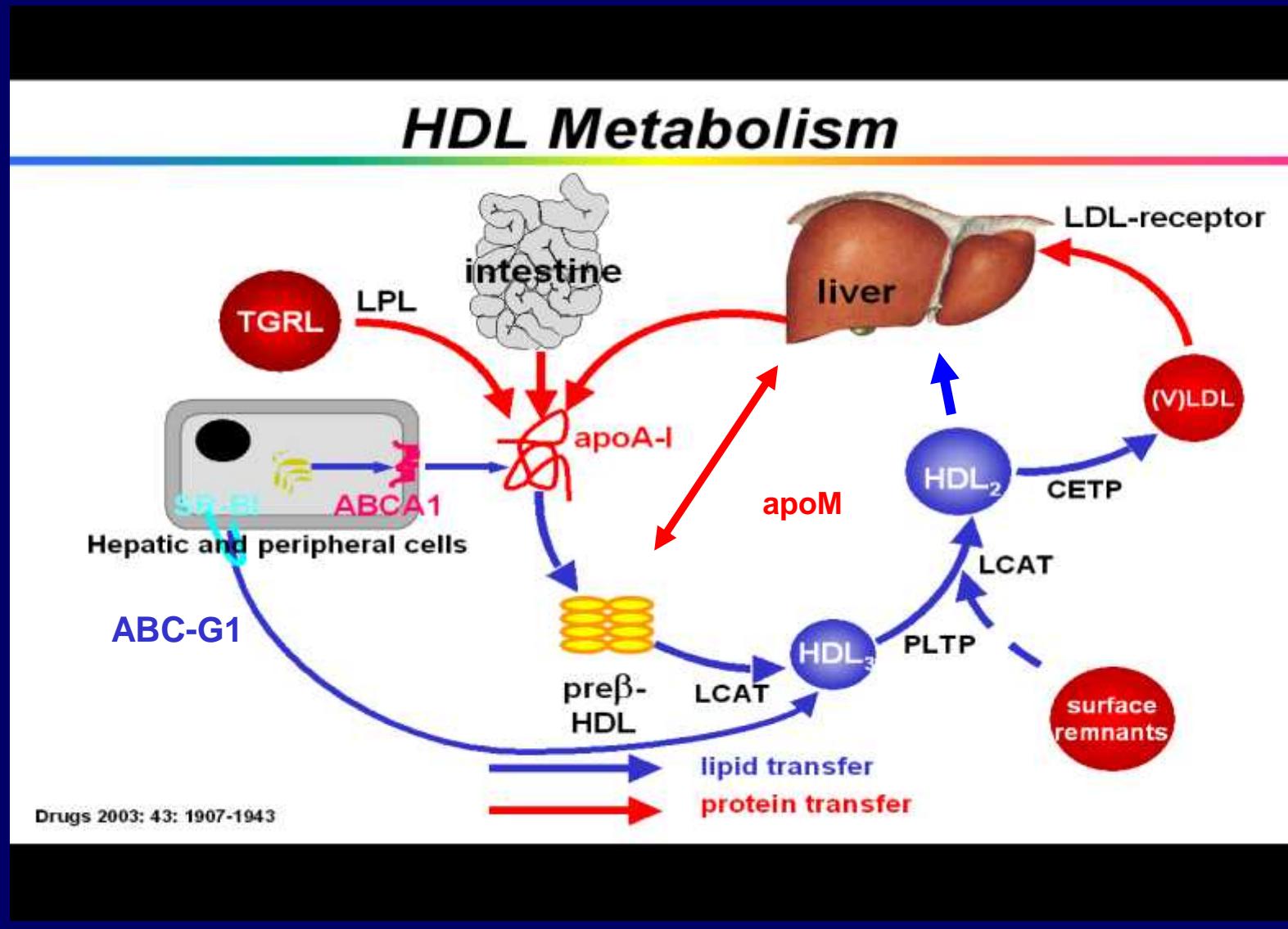
Gipe DA et al; NEJM 2017; 377 : 296

NB. LDL-C 49% in HoFH (n=9)

New approaches to raising HDL-C

- HDL mimetics
 - Apolipoprotein strategies
 - MOTC/ETC-266- suspended
 - rHDL infusion (CSL-112)- no IVUS benefit
 - HDL pheresis & re-infusion
 - D4F- discontinued
 - Increasing synthesis
 - Non-PPAR
 - RVX-208- ASSURE IVUS negative
 - Niacin derivatives
 - ARI3037MO
 - Redistributing cholesterol towards HDL-C
 - Torcetrapib- discontinued
 - Dalcetrapib- discontinued
 - Anacetrapib- REVEAL study- no commercial pursuit
 - Evacetrapib- ACCELERATE ACS negative- discontinued

HDL Metabolism



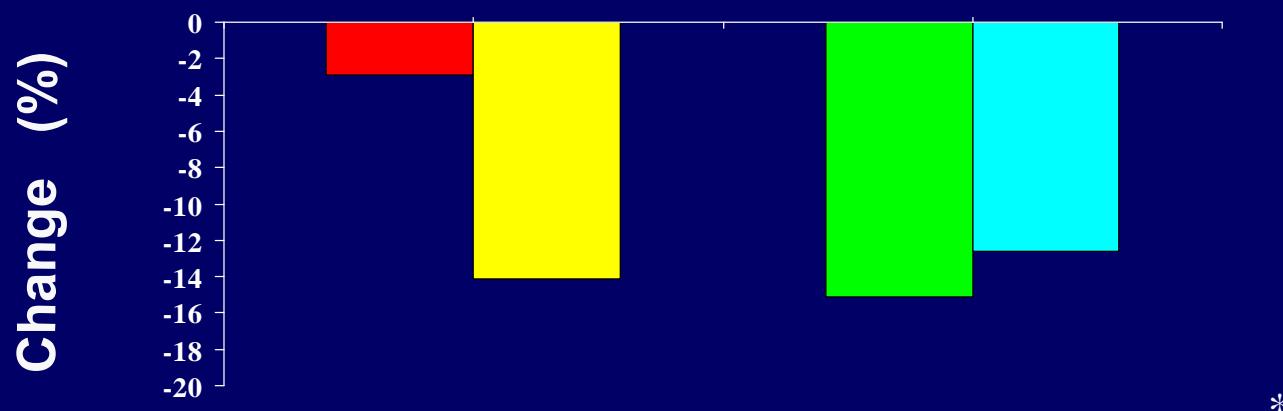
Infusion trial of ETC-266 (ApoA-I_{milano})

Change in atheroma volume on IVUS

p<0.001

p=0.02

p=0.007



*

Whole trial

ETC-266 Dose effect

* p<0.01



Placebo



ETC-266 15mg/kg



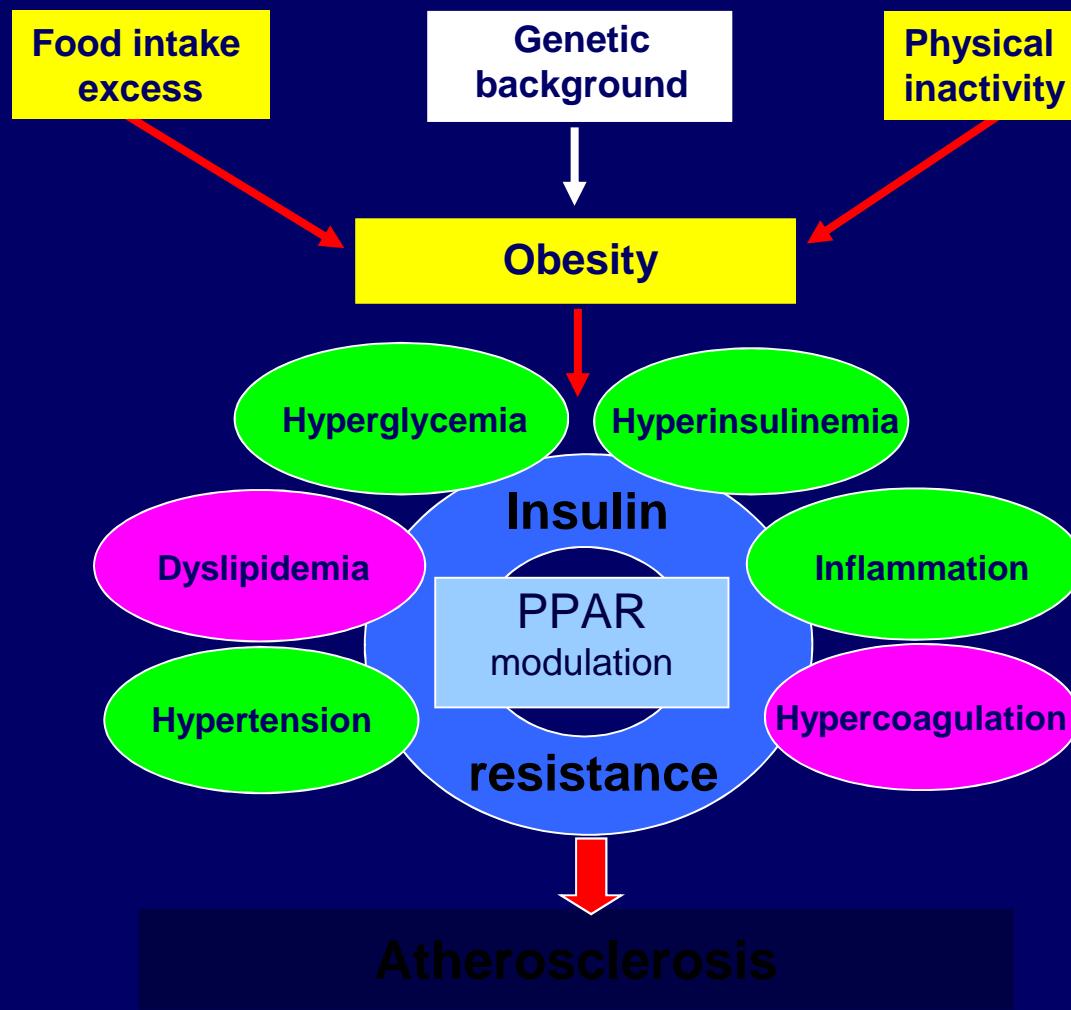
ETC-266 all



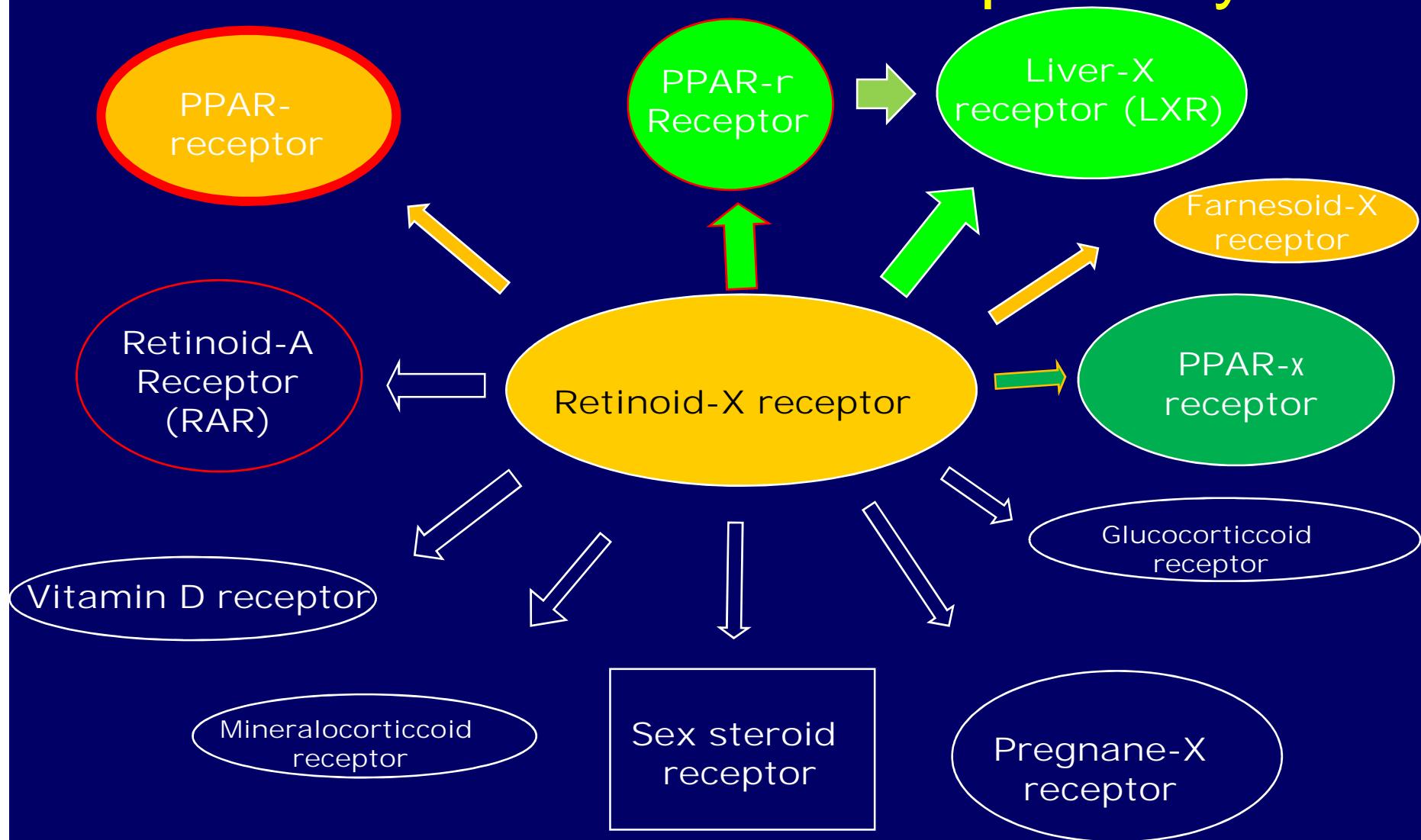
ETC-266 45mg/kg

Nissen S et al; JAMA 2003; 290: 2292-30

Potential role of PPAR activation in CV risk reduction



The benefits & toxicity of fibrates via the Retinoid -X receptor system

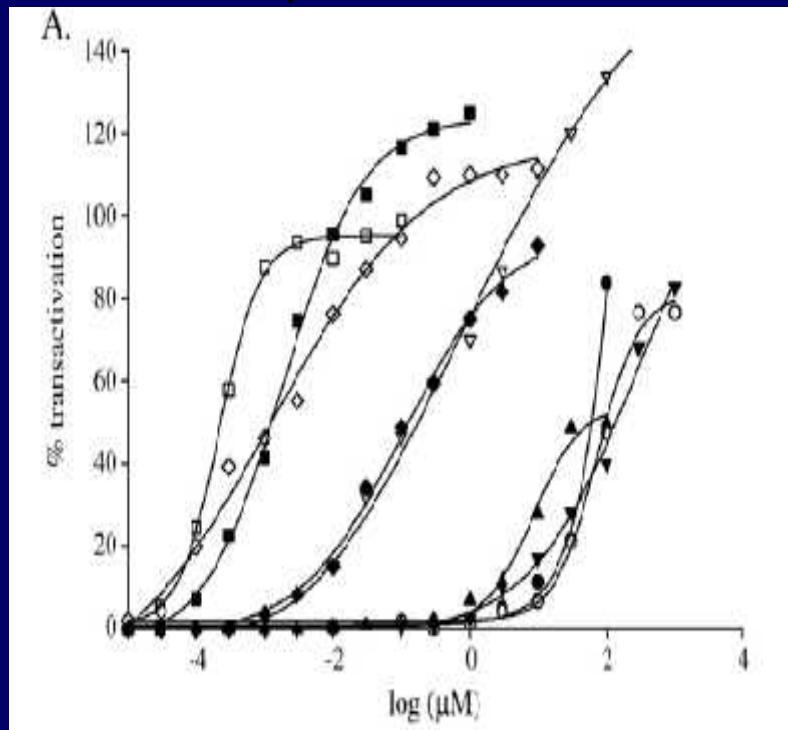


PPAR agents

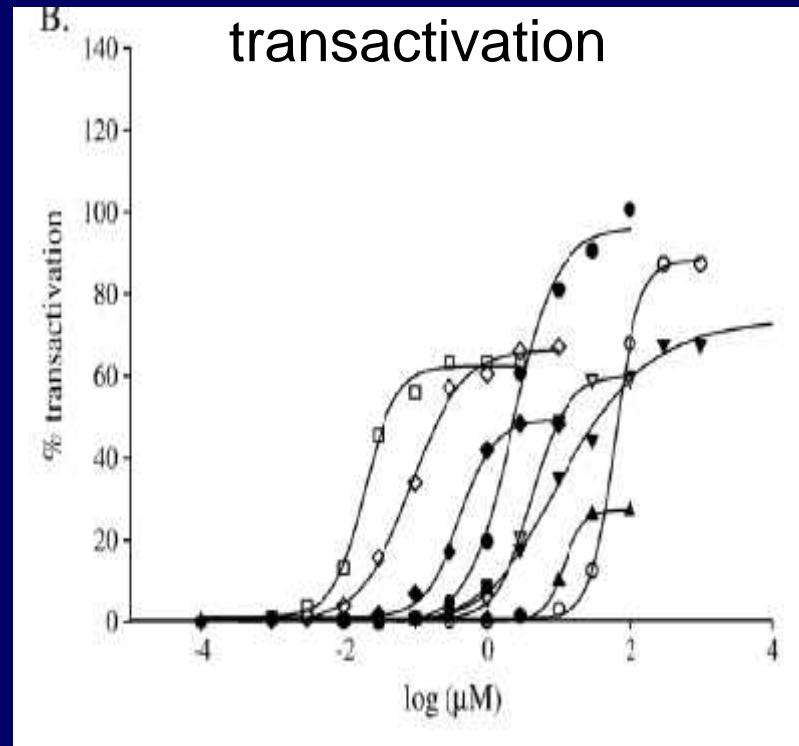
- PPAR-alpha
 - Traditional fibrates:
 - gemfibrozil; fenofibrate;
 - bezafibrate (pan-PPAR?)
 - PPAR-gamma
 - Glitazones: pioglitazone
 - PPAR- alpha/delta
 - GFT-505
 - PPAR-gamma/delta
 - DB-959

Effects of PPAR agonists on PPAR- γ & PPAR-

PPAR- γ transactivation



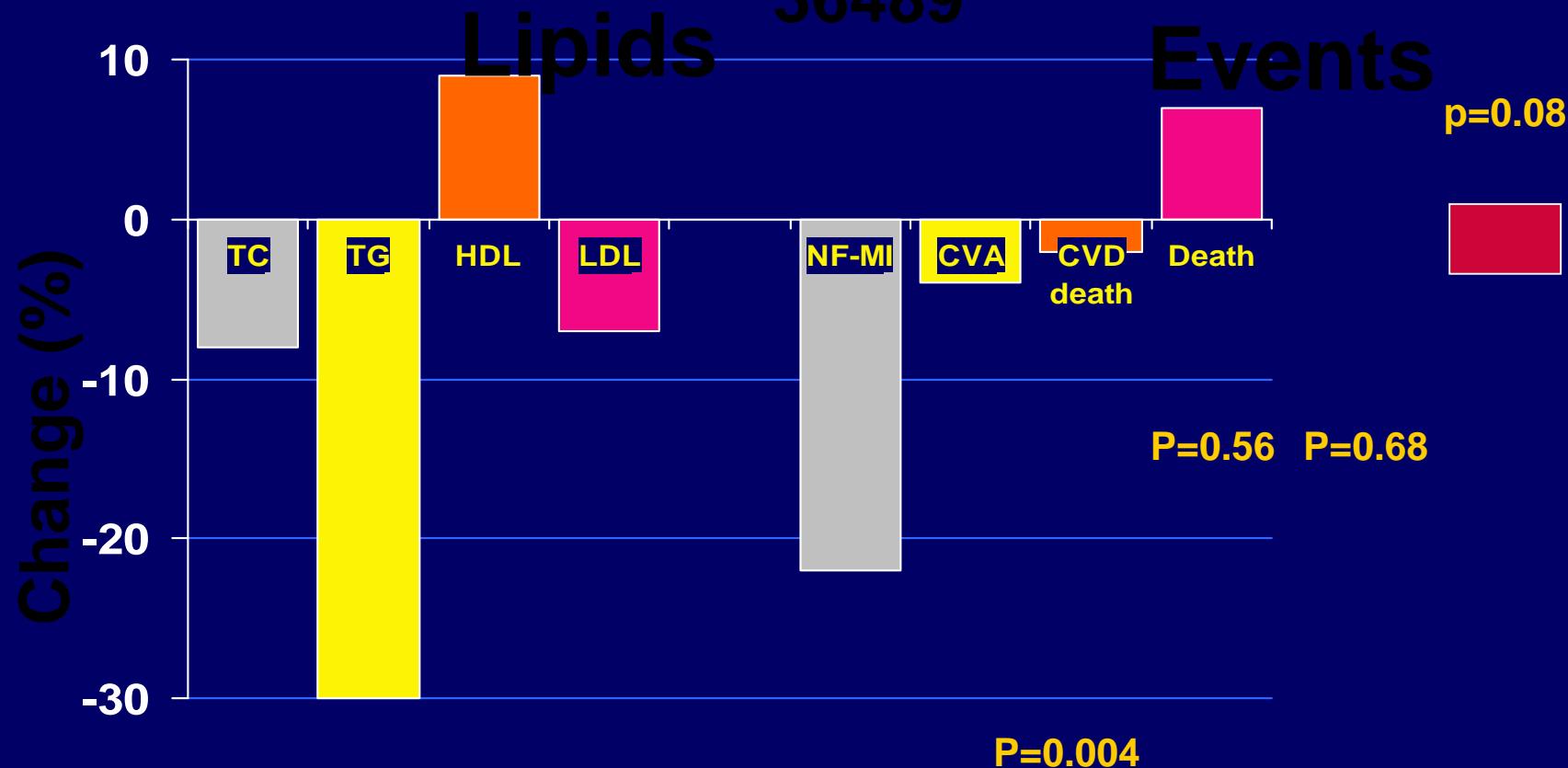
PPAR- α transactivation



- Fenofibric acid ○ Gemfibrozil
- ▼ Bezafibrate ▽ Pioglitazone
- Rosiglitazone □ Farglitazar
- ◆ Tesaglitazan ◆ Muraglitazar
- ▲ Metaglidasen

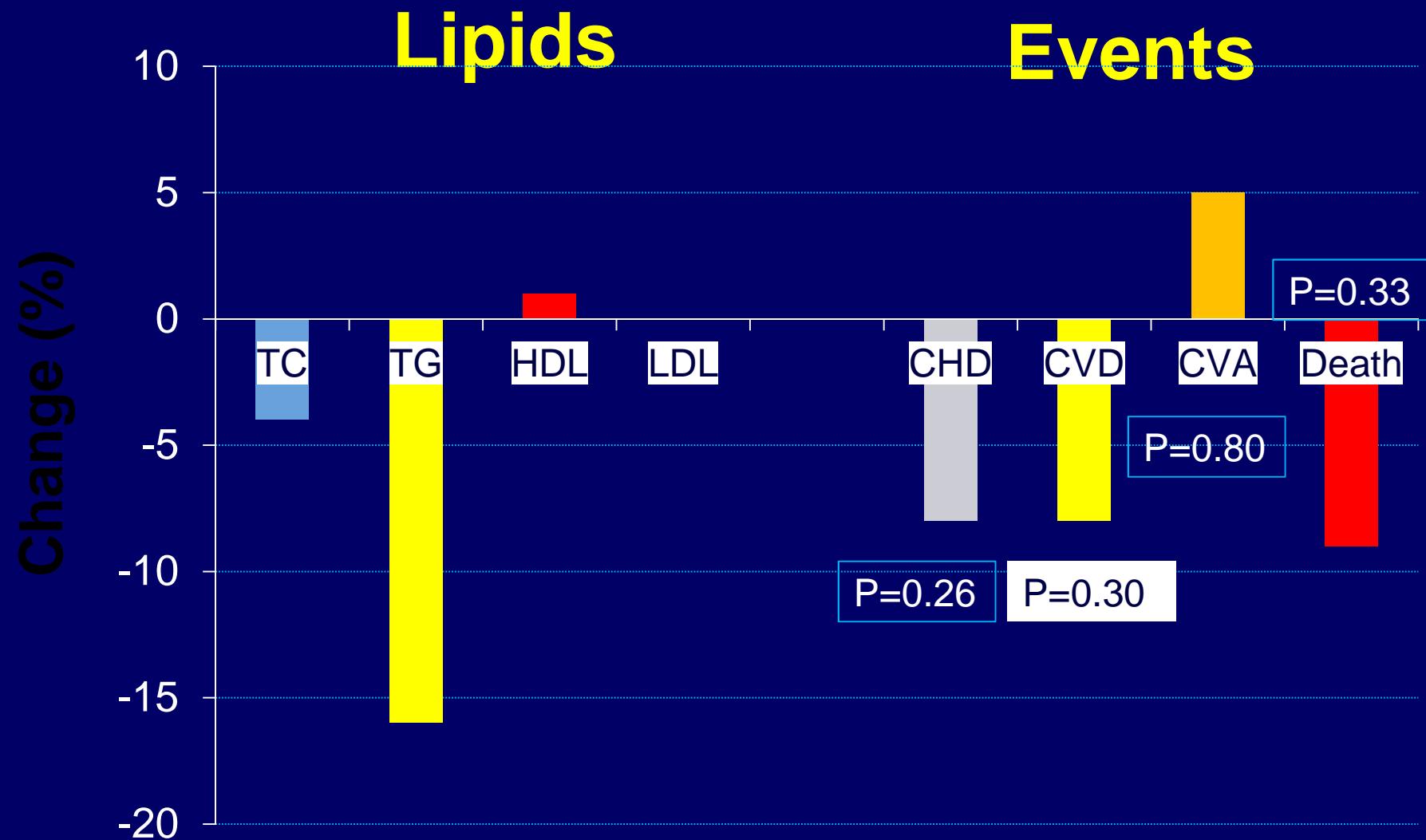
Fibrates : a meta-analysis

Secondary& primary prevention; 10 studies; n= 36489

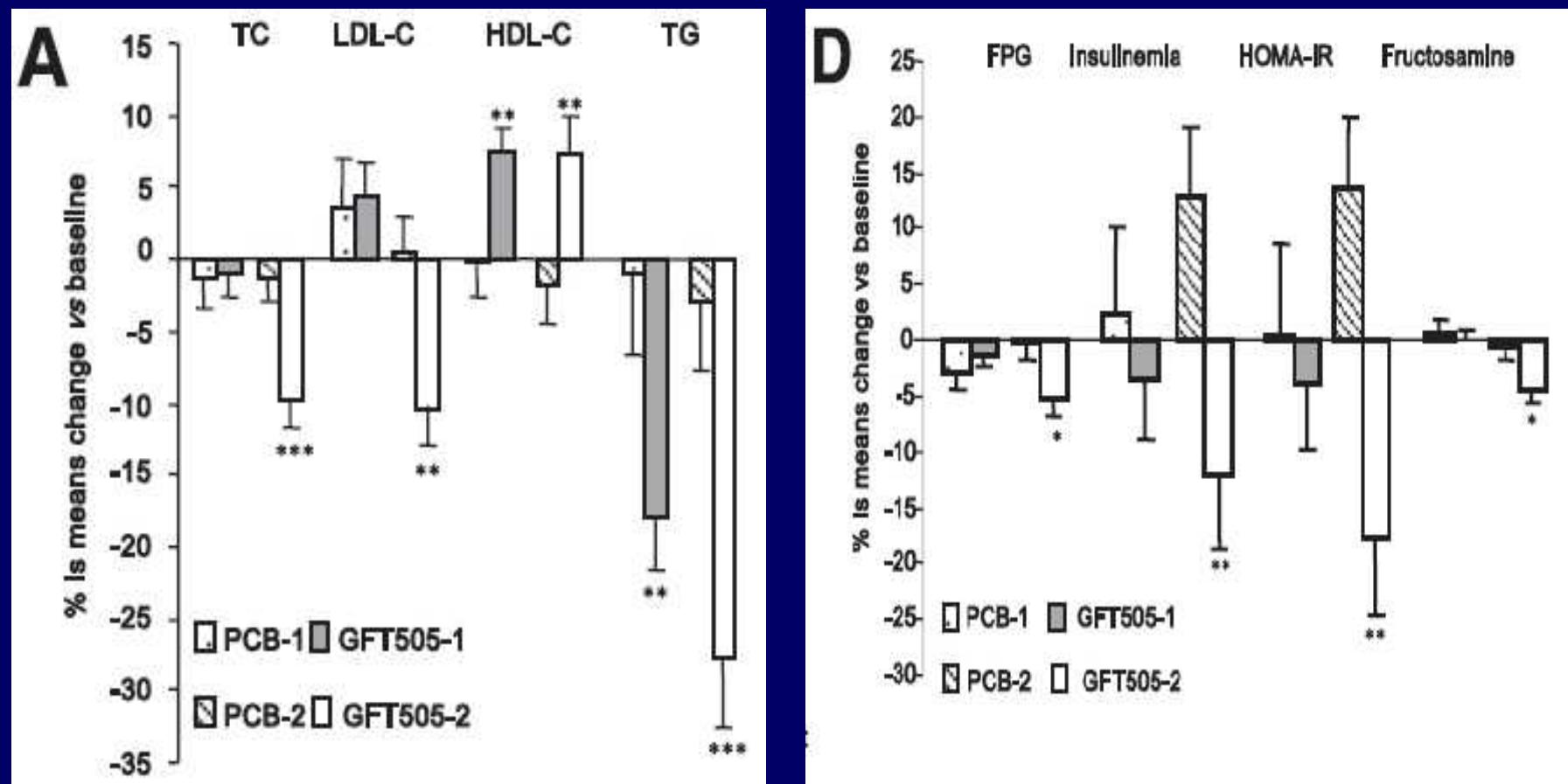


ACCORD: Fibrate on statin in type 2 diabetes

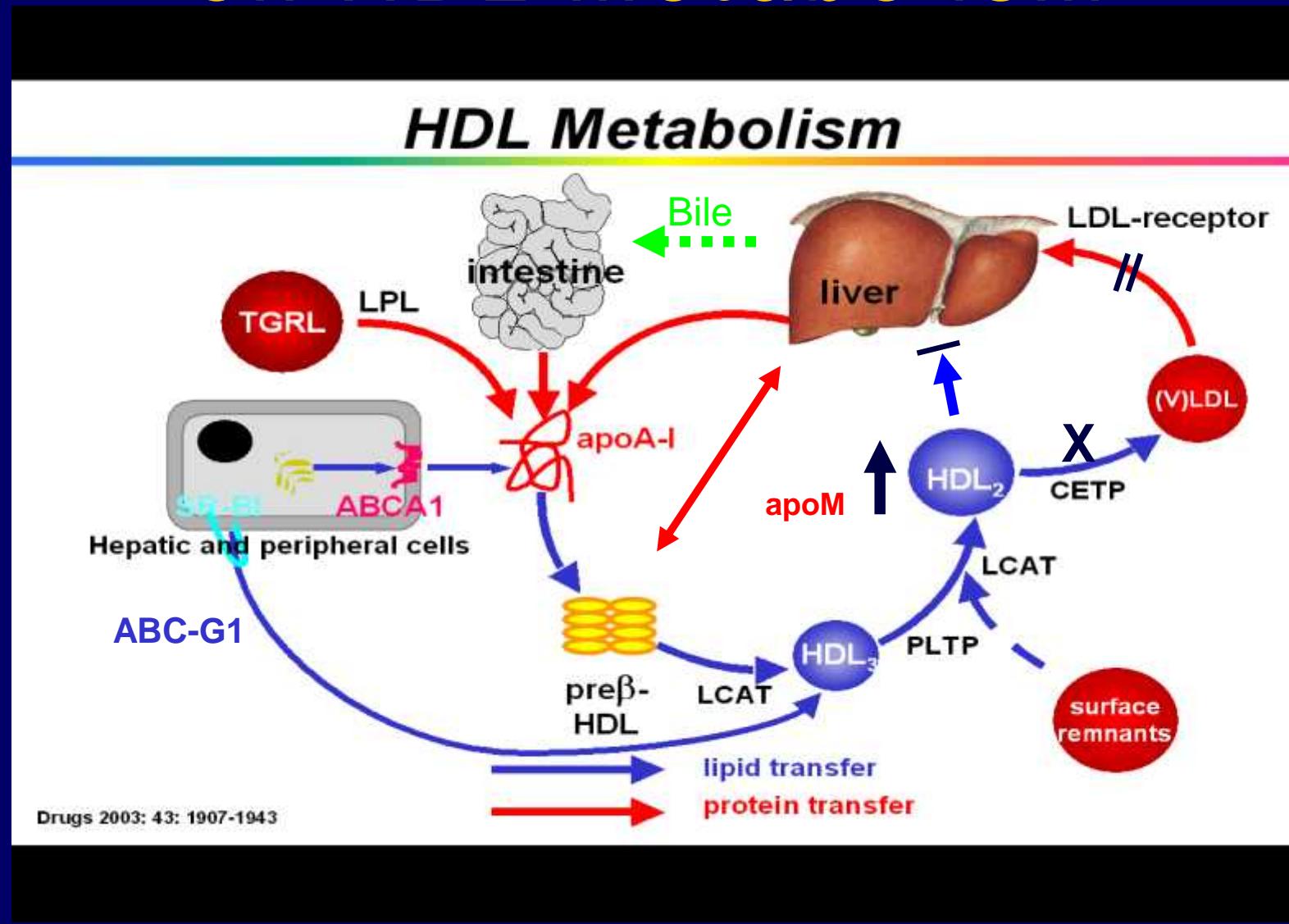
Secondary & primary prevention; n= 5518



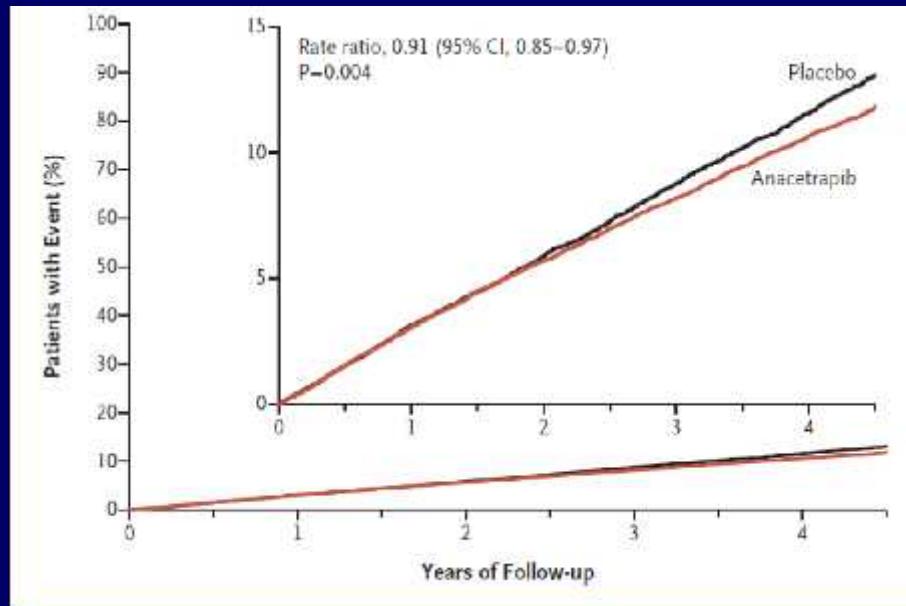
PPAR- / agonist (GFT-505) in mixed hyperlipidaemia



Effect of CETP inhibition on HDL Metabolism



REVEAL: CETP inhibition & CVD

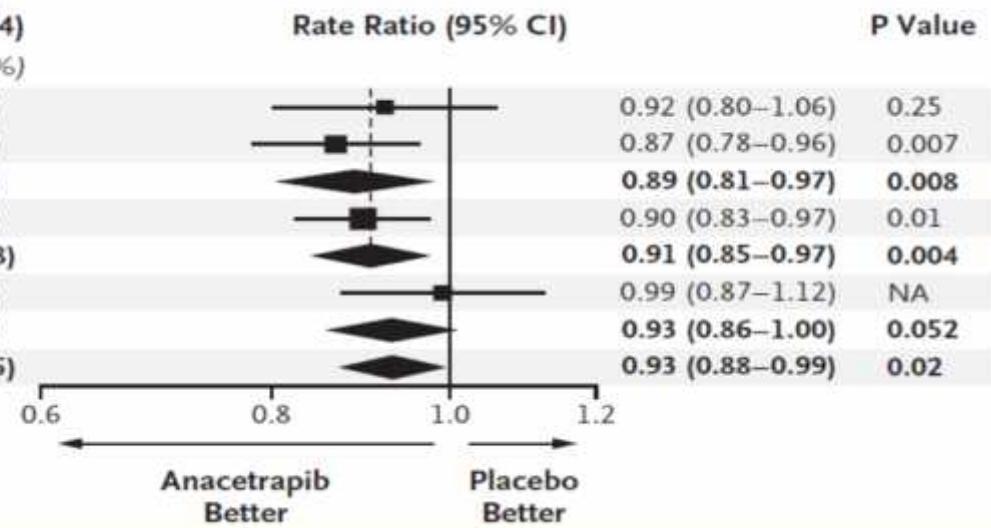


Baseline LDL-C 1.58mM
(nonHDL-C 2.38mM)

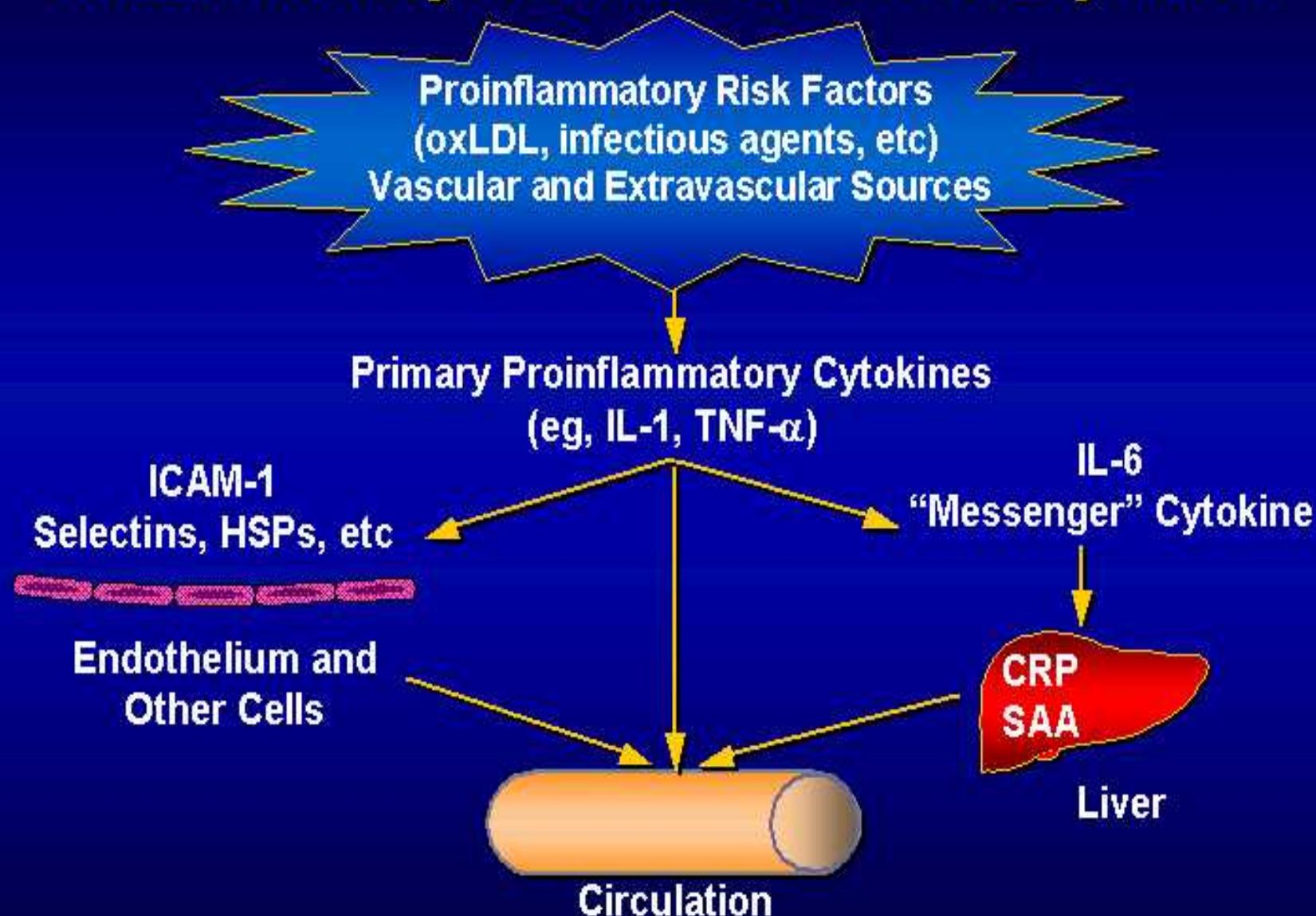
LDL-C change
Direct method: -0.67mM; 41%
Beta-quant : - 0.3mM; 17%

Non-HDL-C -0.44mM; 18%
ApoB: -12 mg/dL ; 18%

Type of Event	Anacetrapib (N=15,225)	Placebo (N=15,224)	no. of patients with event (%)
Coronary death	388 (2.5)	420 (2.8)	
MI	669 (4.4)	769 (5.1)	
Coronary death or MI	934 (6.1)	1048 (6.9)	
Coronary revascularization	1081 (7.1)	1201 (7.9)	
Major coronary event	1640 (10.8)	1803 (11.8)	
Presumed ischemic stroke	485 (3.2)	489 (3.2)	
Major atherosclerotic event	1383 (9.1)	1483 (9.7)	
Major vascular event	2068 (13.6)	2214 (14.5)	



Inflammatory Markers of Coronary Risk

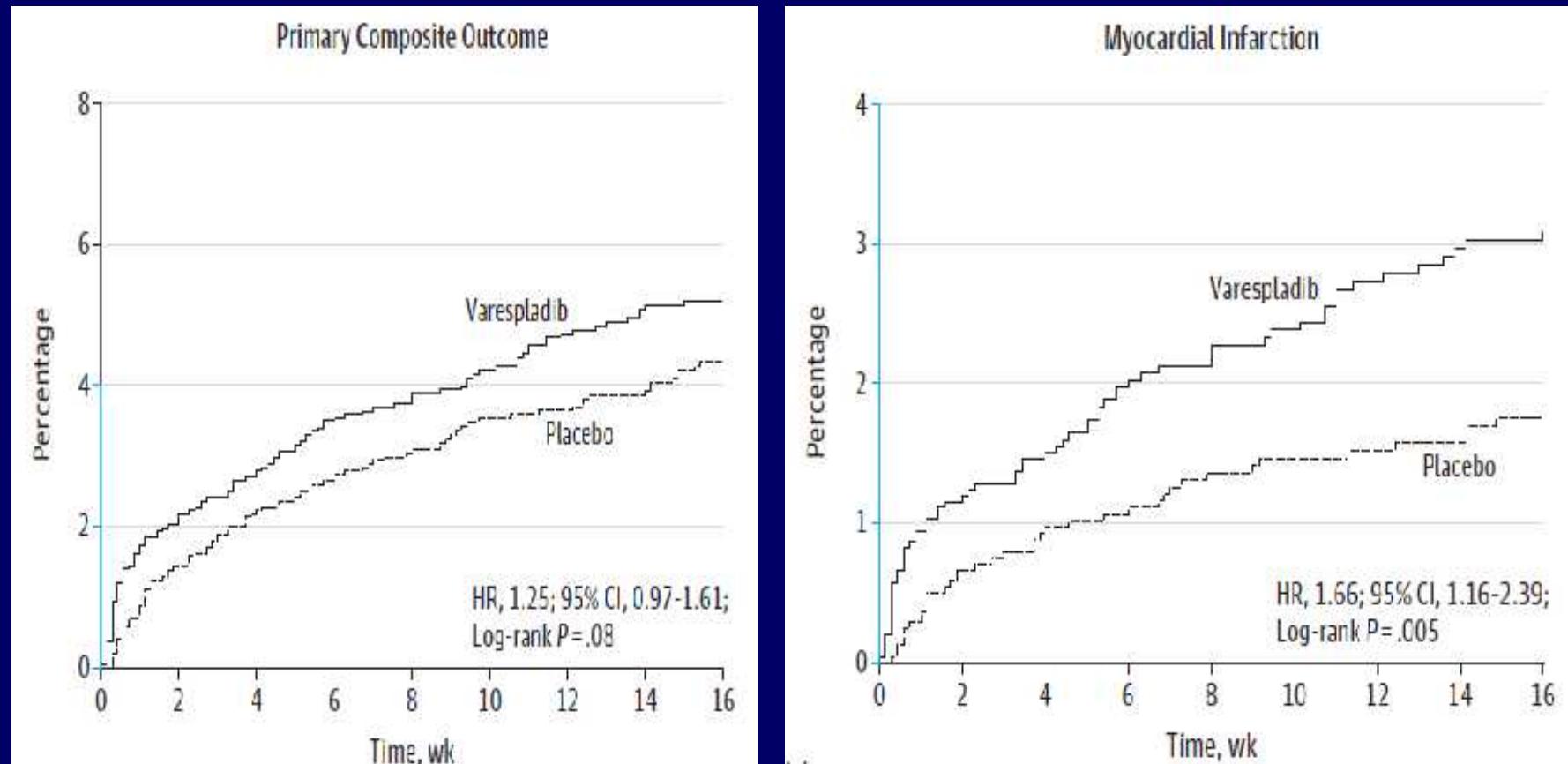


Libby and Ridker, *Circulation*, 1999;100:1148-1150.

New drugs affecting Lipid-inflammation metabolism

- Anti-inflammatory
 - ACAT inhibitors (macrophage)
 - Avasimibe
 - Pactimibe
 - VCAM-1 uncouplers
 - Probucol
 - AGI-1067
 - PLA2 inhibitors
 - Darapladib (LpPLA2)
 - Varespladib (sPLA2)
 - IL-1 inhibitors
 - Canakinumab

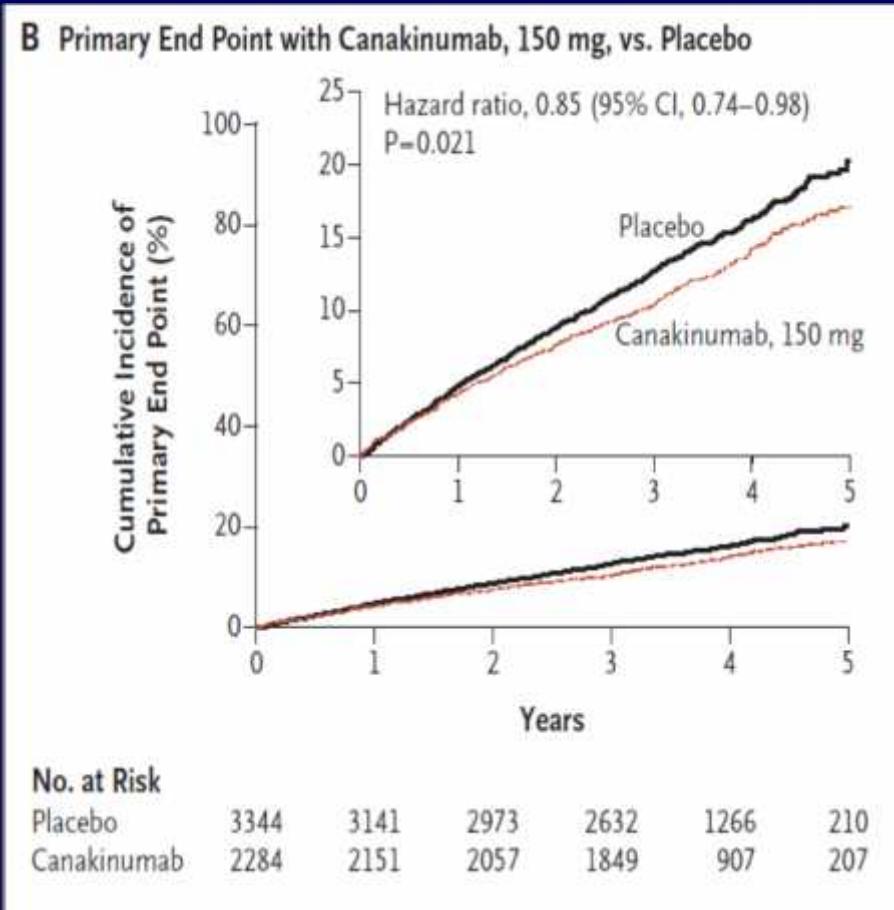
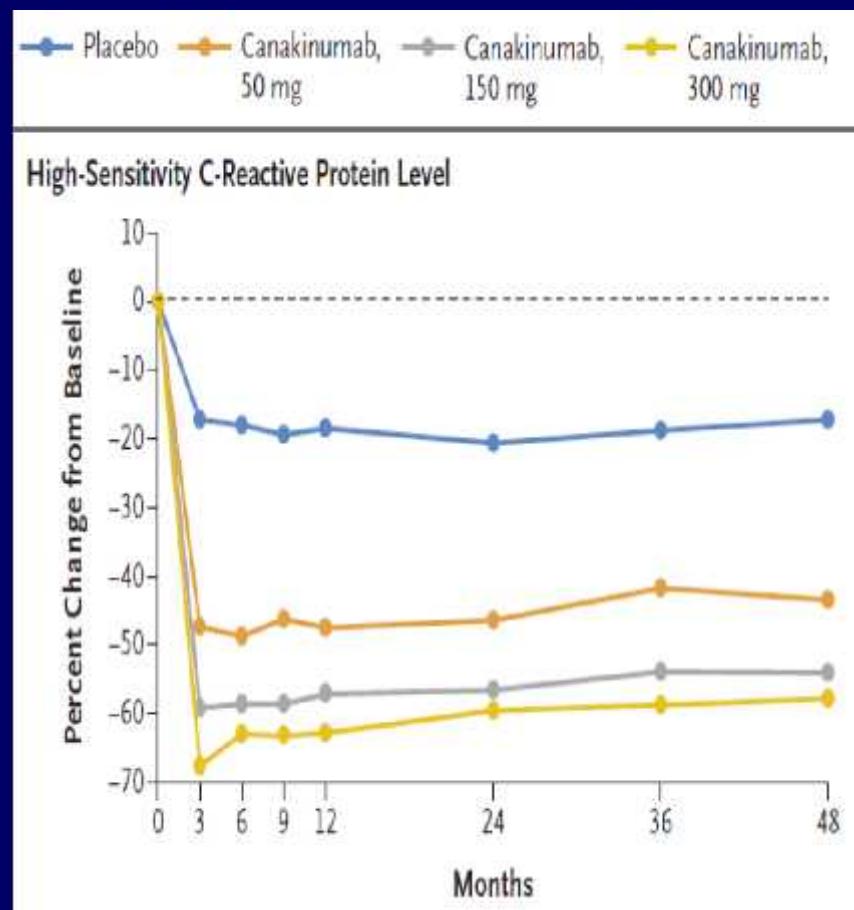
sPLA₂ inhibition. Varespladib in ACS: VISTA-16



Nicholls SJ et al. JAMA 2014; 311 : 252

N=5145

CANTOS: IL-1 inhibition and CVD: canakinumab



Ridker PM et al; NEJM 2017; 377: 1119

Guidelines: Defining recommendations

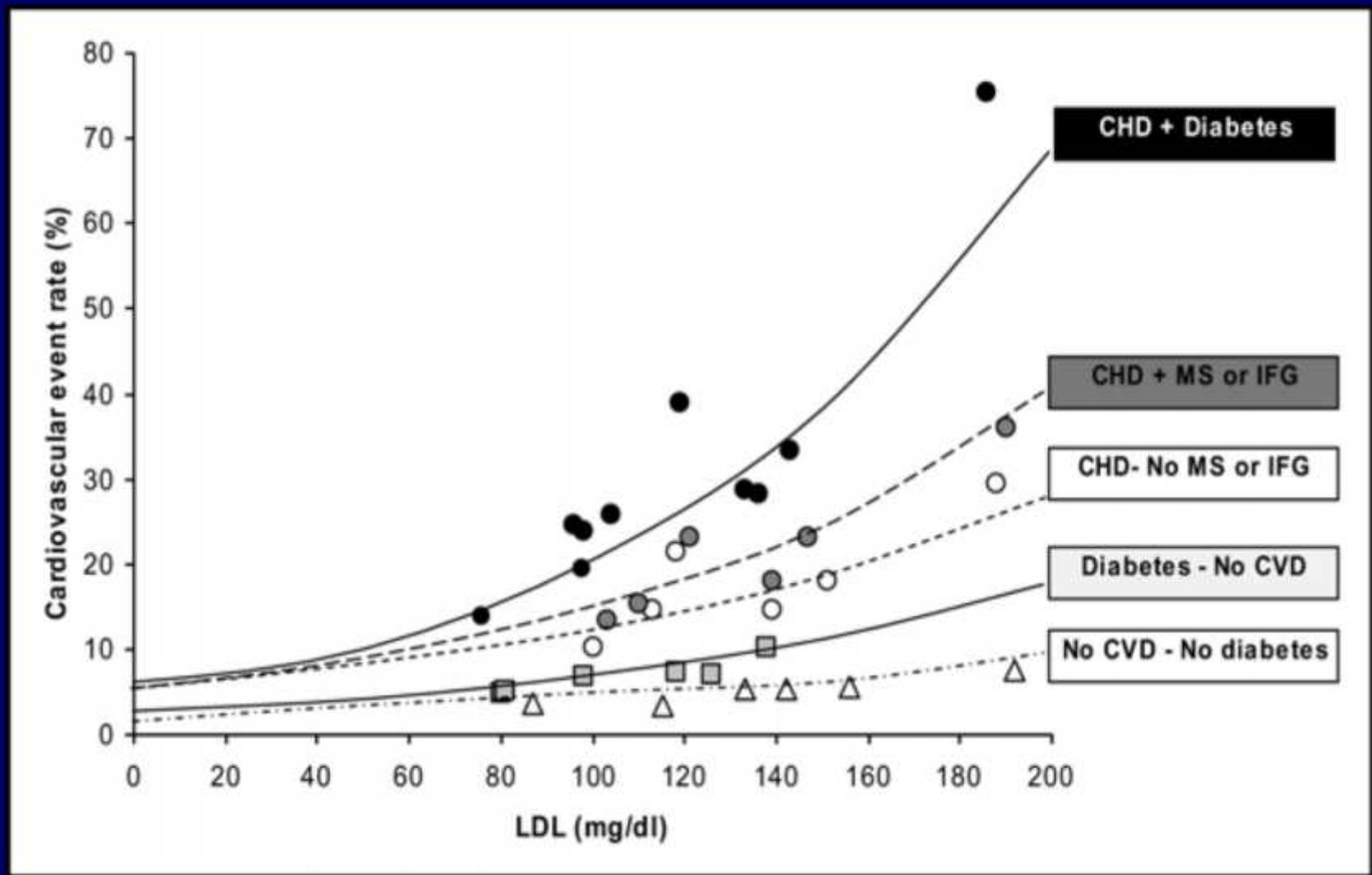
Targets

- Consistent with epidemiology
- Rare in clinical trials
- Traditional output
- Focused on single risk factor
- Set on 50th centile
- Requires multiple monitoring

Drug-based

- Consistent with trials
 - Exception limits defined
- Common trial design
- Novel output
- Focused on overall risk
- Centile-independent
- Minimal monitoring required

CVD risk for different groups



Robinson JG & Stone N. Am J Cardiol 2006; 98 : 1405

Conclusions

- Additional therapies are required because
 - Statins only reduce risk by 50%
 - 1-2% patients cannot tolerate statins
 - Ezetimibe adds only 17-21% LDL-C reduction
 - LDL-C targets are falling towards 1.50 mmol/L (60 mg/dL)
- Novel approaches are required in high-risk groups
 - e.g. diabetes; FH
- New compounds for orphan lipid disorders
 - Familial hylomicronaemia; homozygous FH
- Other mechanisms may accelerate atherosclerosis & CVD
 - Compounds targeting inflammation
 - Compounds with added benefits e.g. GLP-1 agonists; SGLT-2 inhibitors