**Orthopaedics**

N= 38 (105) =37%

Joint replacement n= 17

Spinal n=9

Arth n=5

Shoulder n=1

Dup n=2

Carpal tunnel n= 2

Foot n=1

Osteotomy n=1

Surgery completed or on w/l to have, patient optimised 18/ 35 seen

A/w f/u diabetes clinic n= 3

14 not optimised

4- cases patient factors 2 declined op/ 2 other co-morbidities eg low plts

10 – cases in diabetes follow up cycle.

**General Surgery**

N=24 (23% of total referrals)

W/L =1

Lap chol n=4

Hernia n= 8

Cir n=2

Colorectal (stoma) n=2

Thyroid n=1

Parathyroid n=1

EUA n=2

Soft tissue resection n= 2

Optimised: 17/23

Not optimised n= 6

4 /6 cases (patient factors : ETOH/DNA/CANCER/ DECEASED)

In one patient (soft tissue resection not required as weight loss and improved diabetic control improved symptoms.

**Urology:**

N= 9 Referrals (8%)

1 TBS

HOLEP N= 2

TURP N= 2

CIRC N=1

TURBT N=3

SPC N=1

Out of 8 patients seen 6/8 optimised and operation completed

2 / 8 patient factors (1 deceased, 1 declined procedure)

**Gynae:**

N=12 (1 TBS) (12%)

EUA=1

PROL= 2

POLYPECTOMY= 1

HYSTEROSC= 6

TAH =1

STER=1

Optimised: n=6

Procedure complete n=5

In 2 cases: prolapse repair wt loss 149.4-95 kg Hba1c 95-85 ? symptoms improved ? needssurgery

Hysteroscopy wt loss 174.5 -143 kg (hba1c 50 – needs target 110)

a/w follow up: 2

**Ophthalmology**

N=4 (5%)

**N=3 CATARACTS**

N=1 DSEK

3 /4 OPTIMISED AND SURGERY COMPLETE

1 NOT OPTIMISED (COMMUNITY PT)

**MAX FACIAL (5%)**

N=4 REFERRALS

TOOTH EXTRACTION: 4

OPTIMISED AND PROCEDURE DONE 2

NOT OPTIMISED 2 : PATIENT FACTORS ( 1X TYPE 1 LONG TERM NON ATTENDER POOR CONTROL)

(1 DNA F/U)

**ENT 4 REFERRED 3 SEEN 1 W/L (5%)**

FESS N=1

SEPTOPLASTY N= 1

PANENDOSCOPY N=2

SEEN 3 OPTIMISED =2

1 NOT OPTIMISED 85 YEARS OLD DECLINED PROCEDURE

**Consultant Break Down**

101 PATIENTS SEEN 5 MBI W/L

MBI N= 81

PJE N=7

DANA N=1

YYF N=5

NHH N=5

COMMUNITY N=3 (EXCLUSIVELY)

**Full data set of patients who have seen a diabetes clinic and received intervention**

**(excluding those seen once and a/w follow up)**

N=80 (F=47.5%; M=52.5%)

T1=7; T2=73;

**A1c1 mean (SD)[SEM] = 89.7(11.1)[1.2] 95%CI+/- 92.1/87.2**

**A1c2 = 68.5(15.3)[1.7] 95%CI+/- 71.9/65.1**

Difference between A1c 1 & 2 = 21.2 mmol/mol **Sig diff.**

Wt1 =99.0(26.7)[3.2] 95%CI+/- 105.2/92.8

Wt2 = 95.2(22.3)[3.0] 101.1/89.3

Difference = 3.9kg **NS**

**In 41 cases the procedure has been performed**

13 patients have been optimised for procedure and are on w/l to receive treatment

**Removals from Waiting list**

2 patients have declined the procedure and hence have been removed from w/l

3 patients have had improvement in symptoms and have been removed from w/l (in two cases due to improved diabetic control and /weight loss)