

## Intravenous Insulin Prescription and Fluid Protocol FOR MANAGEMENT OF STEROID HYPERGLYCAEMIA DURING PREGNANCY

For use for ALL patients receiving Variable Rate Intravenous Insulin Infusion (VRIII) for the management of steroid hyperglycaemia during	Ward	Consu	ıltant	Admission Date:
pregnancy				Discharge Date:
NEVER use an IV syringe to draw up insulin	Surname		First Nan	ne
ALWAYS draw up insulin using an insulin syringe				
ALWAYS continue subcutaneous intermediate* or basal insulin**	Hospital Number		Date of Birth / Age	
*Intermediate: Insulatard, Humulin I, Insuman basal	NUIC Normala au			
**Basal: Lantus (Glargine), Levemir (Detemir), Tresiba (Degludec), Toujeo	NHS Number			
<b>Doctor:</b> All prescriptions for insulin and fluids must be signed	Address	'		
Nurse: All entries must be signed				
DOSING ALGORITHM		ALGORIT	THM GII	IDF

		DOSING ALGOR	ITHM	ALGORITHM GUIDE
		(Please see the guid	le below)	
Algorithm 2	1	2	3	ALL women with diabetes should have Capillary Blood
	For most	For women not controlled	For women not controlled	Glucose (CBG) testing hourly whilst on VRIII for the
	women	on algorithm 1 or needing >80 units/day of insulin	on algorithm 2 (after specialist advice)	management of steroid hyperglycaemia during
CBG Levels		Infusion Rate (units/		pregnancy  Start VRIII and Fluids with the first dose of steroids and
(mmol/L)		illiusion Rate (ullits/1	11 – 1111/1111)	continue for up to 24 hours after the last dose
		STOP INSULIN FOR 20	MINILITEC	continue for up to 24 hours after the last dose
<4	Troat h	stop insolin For 20 typo as per guideline (re-ch		Algorithm 1 Most women will start here
4.0 – 5.5	0.2	0.5	1.0	
4.0 – 5.5	0.2	0.5	1.0	Algorithm 2 Use this algorithm for women who are likely to
5.6 – 7.0	0.5	1.0	2.0	require more insulin (on steroids; on >80 units
3.0 7.0	0.5	1.0	2.0	of insulin during pregnancy; or those not
7.1 – 8.5	1.0	1.5	3.0	achieving target on algorithm 1)
8.6 -11.0	1.5	2.0	4.0	Algorithm 3 Use this for women who are not achieving
				target on algorithm 2 (No patient starts here without diabetes or medical review)
11.1 - 14.0	2.0	2.5	5.0	without diabetes of filedical review)
				If the woman is not achieving targets with these algorithms,
14.1 – 17.0	2.5	3.0	6.0	contact the diabetes team (out of hours: Medical SpR on
1-1 000				call)
17.1 – 20.0	3.0	4.0	7.0	Call)
>20.1	4.0	6.0	8.0	Target CBG level = 4 – 7.8 mmol/L
>20.1	4.0	0.0	6.0	-
6: 1				Check CBG every hour whilst on VRIII
Signed				Move to the higher algorithm  if the CBG is > target and is not dropping
Duint Name -				Move to the lower algorithm
Print Name				if CBG falls below 4 mmol/L or is dropping too fast
Date				ii CDG tails below 4 Hillion/E of is dropping too last

Drug (	approved name) e tick	Dose	Volume		Route	Prescriber's Signature	Prescriber Print name	Date	SYRINGE PREPARATION		ON	
Huma Humu	n Actrapid 🔲 Iin S 🗆	50 UNITS	Made up to 50m NaCl 0.9% (1 UNIT per m		IV				Prepared and administered by	Date	Time started	Time stopped
INTRAVENOUS SUBSTRATE FLUID PRESCRIPTION												
Date	Date Intravenous Fluid and Rate				rnative late	Prescriber's Signature	Nurs Signa					
500 ml 0.9% NaCl + 5% Dextrose with 20 mmol KCl/L (0.15%) to run at 50 ml/hr												
500 ml 0.9% NaCl + 5% Dextrose with 20 mmol KCl/L (0.15%) to run at 50 ml/hr												

PRESCRIPTION OF INTRAVENOUS MANAGEMENT OF HYPOGLYCAEMIA										
Date	Time	Preparation	Volume	Route	Duration	Prescriber's Signature	Print Name	Given by:	Time given	
	20% Dextrose 100 mls IV 15 mins									

Patients with type 1 DM on insulin pumps should be referred to the Diabetes Specialist Team

Maintain IV insulin infusion for 30 minutes after re-starting original insulin regime – IV insulin has a 5 minute half-life

## INTRAVENOUS INSULIN, CBG AND KETONES MONITORING RECORD SHEET

Guide:

Only use for patients on intravenous insulin regimen. Use different chart for patients on subcutaneous insulin.

ADDRESSOGRAPH LABEL

Make sure the pati

**Check CBG hourly** advice from the Di

insulin.	
tient's hands are clean.	
y for further 24 hours after the last dose of steroid OR as per	
Diabetes Team	

Date	01:00	02:00	03:00	04:00	05:00	06:00	07:00	08:00	09:00	10:00	11:00	12:00
CBG												
Insulin rate												
Blood ketones												
Initials												
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Blood ketones		+	+	+	1		+				1	
Initials												
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