



LUCOZADE RIBENA
SUNTORY

LUCOZADE ENERGY IS **CHANGING**

Lucozade Energy Original now contains approximately 50% less glucose based carbohydrates. All flavours have significantly less glucose based carbohydrates – please check the label.

New products will appear on shelf from April 2017, for a time old and new bottles and cans may be on shelf together so remember to check the label for the amount of glucose based carbohydrates.

This applies to all Lucozade Energy flavours.
People with diabetes please consult your health professional.

NUTRITIONAL INFORMATION

Typical values	100ml	380ml
Energy, kJ/kcal	158 / 37	600 / 141
Carbohydrate, g	8.9	33.8
of which sugars, g	4.5	17.1
Salt, g	0.08	0.31

Contains negligible amounts of – Fat, Saturates and Protein.

Contains 8.9g glucose based carbohydrate per 100ml and 33.8g per 380ml bottle.

*Reference intake of an average adult (8400kJ/2000kcal)

FOR PRODUCT INFORMATION PLEASE VISIT: WWW.LRSUNTORY.COM/HEALTH
OR CONTACT CONSUMER CARE ON 0800 096 3666



Information from Diabetes UK:

If you have been advised to drink **Lucozade Energy Original** when your blood glucose is low, the amount you drink will need to change. For example if you have been told you need:

- 10g of carbohydrate, you will now need 110ml
- 15g of carbohydrate, you will now need 170 ml

Remember to check the label before use.

For other flavours the amounts to drink will be different. Please read the label and talk to your health care professional.

Please note that Ribena (Squash and Ready to Drink) and Orangina will also be reducing in sugar during 2017.
Please check nutritional label for information.