

# HbA1c, weight, body mass index (BMI) and systolic blood pressure changes in the Association of British Clinical Diabetologists(ABCD) nationwide dapagliflozin audit

M Yadagiri(1), P Sen Gupta(1), ML Cull(1), J Eyles(2), A Robinson(3), L Oguntolu(4), K Intiaz(5), I W Gallen(6), KA Adamson(7), REJ Ryder(1), the ABCD nationwide dapagliflozin audit contributors(8)

(1) Sandwell and West Birmingham Hospitals NHS Trust, Birmingham;(2) Abertawe Bro Morgannwg University NHS Trust, Swansea;(3) Royal United Hospital Bath NHS Trust, Bath;(4) Royal Wolverhampton NHS Trust, Wolverhampton;(5) Lancashire Teaching Hospitals NHS Foundation Trust, Chorley And South Ribble;(6) Royal Berkshire NHS Foundation Trust, Reading;(7) West Lothian NHS Trust, Livingston;(8) Various hospitals and health centres, various towns, UK

## Aims

To determine the extent of metabolic response to dapagliflozin in real clinical practice in patients with type 2 diabetes in the UK.

## Methods

- Collected anonymised data of patients treated with dapagliflozin in the UK
  - Patient demographics
  - HbA1c, weight, BMI, Systolic BP
  - Diabetes medications
  - Adverse events
- The ABCD nationwide audit of dapagliflozin in real clinical use in the UK, was launched in October 2014
- Those with baseline and follow-up HbA1c within a median(range) of 6.0(4.0-9.0) months were included in this analysis
- At commencement of dapagliflozin, their diabetes medications included 75.8% metformin, 55.2% insulin (16.6% basal insulin, 17.0% basal bolus, 21.6% insulin mixtures), 34.2% sulphonylurea, 28.5% GLP-1 receptor analogues, 19.8% DPP-4 inhibitors, 6.2% pioglitazone and 1.5% other agents.

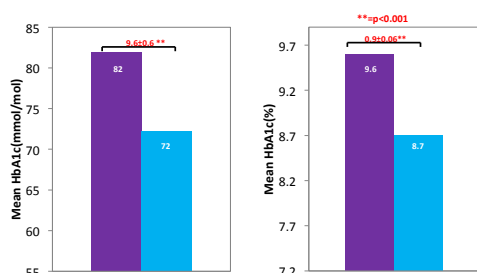
## Results

### Baseline Characteristics

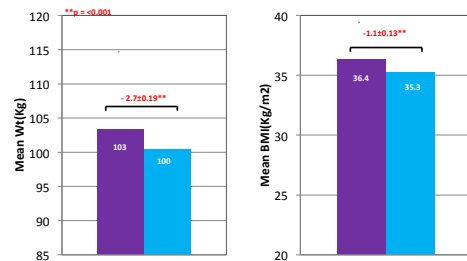
Data Input	Oct 2014 – Dec 2015	Vs Combined Clinical Trials - Dapagliflozin
Centres	57	
Contributors	147	
Number of Patients	1725	
Age(years)	57.3±9.3	
Sex[Males(%)]	56.5	
Duration of Diabetes(years)*	9.7(3.0-14.0)	
Baseline HbA1c(mmol/mol)	80.0±16.1	
Baseline HbA1c(%)	9.5±1.4	7.96
BMI(Kg/m <sup>2</sup> )	37.0±6.8	32.16
Baseline Weight(kg)	105.9±23.2	
Duration of follow up(months)*	6.0(4.0-9.0)	

Reported as mean±SD or median(IQR)\*

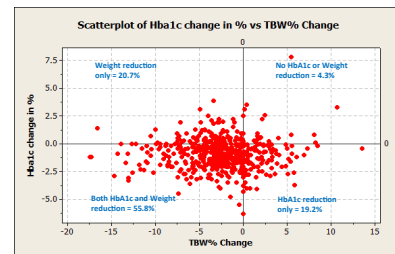
### HbA1c Response to Dapagliflozin



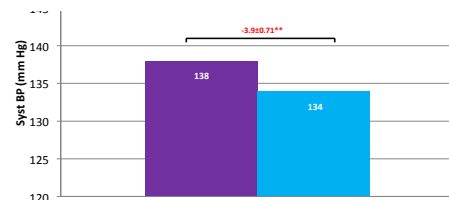
### Weight & BMI Response to Dapagliflozin



### HbA1c and Weight Data



### Systolic Blood Pressure Response to Dapagliflozin



## Conclusion

- Patients in the ABCD audit were much heavier and had much more poorer glycaemic control than in the clinical trials.
- Dapagliflozin reduced HbA1c, weight, BMI and systolic blood pressure by clinically significant amounts in a wide range of real-world UK patients with type 2 diabetes on a variety of diabetes medications.

## Acknowledgement

- We thank all the nationwide contributors for submitting data on patients on dapagliflozin
- The ABCD nationwide audit programme is supported by an unrestricted grant from Astra Zeneca. The audit was independently initiated and performed by ABCD and the authors remained independent in the analysis and the writing of this report.