

# ABCD Committee Meeting Monday 4<sup>th</sup> September 2023 4:00pm – 7:00pm The Royal College of Physicians, Edinburgh

#### MINUTES

### Present

Richard Chudleigh (via zoom) (RC) Tom Crabtree (TC) Ketan Dhatariya (KD) Russell Drummond (RD) Stella George (SG) Kate Fayers (via Zoom) (KF) Claire Harris (RHI) (CH) Vijay Jayagopal (VJ) Alistair Lumb (AL) Kotheshwara Murlidhara (via Zoom) (KM) Dipesh Patel (DP) Parth Narendran (PN) Hermione Price (HP) Bob Ryder (BR) Jeffrey Stephens (via Zoom) JS Jonathan Valabhji (via Zoom) (JV) Emma Wilmot (EM)

#### Apologies: Rob Andrews (RA)

Guilia Argentisi (GA) Steve Bain (SB) Moulinath Bannerjee (MB) Connor Hamill (CH) Marie-France Kong (MFK) Shavini Misra (SM) Thozhukat Sathypalan (TS)

# 1. Welcome

KD and HP welcomed everyone to the meeting and acknowledged that this was KD's first committee meeting as chair.

### 1.1 Minutes of meeting held on 15<sup>th</sup> May 2023 and matters arising.

The minutes from the last meeting held on 15<sup>th</sup> May 2023 were approved as being an accurate and true reflection of the proceedings. There were no matters arising discussed.

**1.2 Declarations of new conflicts of interest not declared on the annual statement.** There were no new declarations of interest made.

### 2. Core Items for Discussion

### 2.1 ABCD Strategic Business Planning Featuring SWOT analysis report

KD thanked those committee members who had completed the SWOT analysis and explained this is a useful exercise to help determine future strategy of the organisation. The committee debated whether the ABCD membership criteria should be changed to include allied healthcare professionals, primary care nurses etc. It was agreed that the organisation should consider including a category for membership for AHP's, but that the focus of the education, advocacy and other activities of the organisation should continue to focus on the needs of doctors.

KF advised of a new event process with support from RHI which includes a webform to be completed from anyone at ABCD requesting to hold an event. She added that the process will ensure equality, diversity, and inclusion throughout. She outlined an events strategy which is being prepared, to develop a programme with RCP and CPD points.

The committee confirmed the key priorities for ABCD as follows:

- More online presence to raise awareness of ABCD.
- Increased engagement with SpRs through Diabetes Update and other activities.



- Continue to support DTN.
- Working closely with other organisations, holding regular meetings with PCDS, JDRF, JBDS etc. It was agreed that a liaison person should be appointed from the committee to make sure there is regular engagement with these organisations. KD confirmed that he would investigate this with the relevant organisations and discuss with the executive how this could be achieved.
- Develop opportunities for education of the workforce.

### 2.2 Committee Representation Report

KD urged those committee members who had not completed the representation form to do so as soon as possible and encouraged all committee members to promote the work of ABCD and represent the organisation as much as possible.

#### 2.3 Foreign Associate Membership Scheme

KD suggested that ABCD should consider associate membership options for people from outside of the UK and the opportunity for collaboration with overseas organisations. He reported that interest has been received from Ireland, Canada, Egypt, and North America. It was acknowledged that international membership could cause additional cost to ABCD due to the different VAT regulations in different countries, but KD considered this to be a worthwhile expenditure.

The committee discussed the possibility of replicating Diabetes Update internationally and it was agreed that this should be explored in Ireland initially as there is no association for diabetologists there.

#### 2.5 Proposed patient technology events.

The committee debated whether ABCD should run patient facing events, possibly in collaboration with DUK. While it was recognised that ABCD is not a patient facing organisation, the committee considered whether the organisation's articles of association should be revised to allow for patient facing events. It was acknowledged that for such an amendment, legal advice would need to be sought from Philip Norton and approved by the trustees.

### 2.6 Lifelong Learning Programme Review.

KD highlighted the need to ensure that this is cohesive and filling the gaps in training in the workforce. KF reported on a series of campaigns for education of consultants as they progress through their careers. KD asked the committee to consider what content should be included in the webinar programme to promote lifelong learning and provide KD with any suggestions. KD suggested that members are asked to provide gaps in their learning on the conference feedback form.

The committee agreed that there should be an annual theme for webinars and meetings and that series of podcasts should be produced to examine workforce issues and the impact on diabetes care. KD suggested that he will contact Olly Jelley for support in delivering podcasts and CH (RHI) advised that RHI can support with the development and running of a podcast programme and KD confirmed that he would discuss this with Tricia (PMB) at their next meeting.

### 2.7 Headlines from Reports

#### 2.7.1 National Audit

BR confirmed that the Endobarrier audit is still ongoing with final papers currently being drafted. He advised that the next report will be the final one for this audit.

#### 2.7.2 BJD

KD reported that the main priority for BJD is the application for COPE membership and subsequent PubMed application submission and ensuing that the 25 papers required



for the submission are updated to include good quality papers published within the last two years.

### 2.7.3 National Update England

JV announced that he will be stepping down from his role as Clinical Director at NHSE and therefore will be leaving the committee as a co-opted member at the end of September. He recognised the great support that he has received from ABCD over the past 10 years, and he was thanked for all his hard work during his time on the committee.

### 2.7.4 Honorary Secretary Report

HP reminded the committee of discussions at the last meeting regarding the possibility of providing an Educational Programme for international medical graduates offering bespoke support for leadership and development through the CESR route. She advised the committee that the membership was contacted via the newsletter and a good response was received, resulting in with the first event to be run in February.

# 2.7.5 National Update Wales

RC announced that the National Strategic Diabetic Network is now established to focus on the delivery of technology and HCL to patients in Wales.

# 2.7.6 Academic Sub Committee

PN reported that the Academic Sub Committee has been discussing how ABCD can support trainees undertake more research and Ben Field is leading on this work.

# 2.8 Eclipse

KD reported on the Eclipse database which has been developed by Julian Brown and provides primary care data on 26 million people. He asked the committee to consider whether ABCD should employ someone via the database company on a zero-hour contract to extract and analyse relevant data for publishing. Iain Gallen had been working with Dr Brown to develop a data extraction tool but there were concerns over GDPR, hence development had stopped. As a way to consider doing the work without infringing on GDPR rules it was decided that TC should be employed by the data company initially to investigate the functionality of the database and the characteristics of the data with the first piece of work to research the demographics of the database. It was agreed that ABCD should have a clear plan for data collection, prioritisation and classification of what information is required to prepare a paper, and a system to establish what questions to ask the database, what the data will be used for and a planned research strategy.

KD advised that he would contact Phil Norton to review the contract GDPR implications and strategy. BR confirmed that he would contact Julian and Iain Gallen to investigate how to take this forward.

Item	Responsible	Action	Timeline
2.1	KD	Investigate liaison with relevant organisations and	30 <sup>th</sup> October
		discuss with the executive how this could be achieved.	2023
2.2	All	If you have not completed the Committee	30 <sup>th</sup> September
		Representation Form to please do so ASAP	2023
2.2.1	All	Promote the work of ABCD and represent the	Ongoing
		organisation as much as possible.	
2.3	PN and	Explore replicating Diabetes Update in Ireland	30 <sup>th</sup> October
	Academic		2023
	Sub		
	Committee		



2.6	All	Consider what content should be included in the	Ongoing
		webinar programme to promote lifelong learning and	0 0
		provide KD with any suggestions.	
2.6.1	CH (RHI)	Speak to colleagues regarding asking members to	Completed –
		provide gaps in their learning on the conference	question
		feedback form.	already asked
			on form.
2.6.2	KD	contact Olly Jelley for support in delivering podcasts	4 <sup>th</sup> October
			2023
2.6.3	KD	Speak to PMB regarding support with the development	4 <sup>th</sup> October
		and running of a podcast programme	2023
2.8	KD	Contact Phil Norton to review the contract GDPR	4 <sup>th</sup> October
		implications and strategy for accessing the Eclipse	2023
		database	
2.8.1	BR	Contact Julian and Iain Gallen to investigate how to take	4 <sup>th</sup> October
		Eclipse forward.	2023

# 3. Governance

The committee approved the following policies:

- ABCD Position Statement on working with Industry.
- Engaging External Speakers Policy
- Social Media Policy

Item	Responsible	Action	Timeline
3	СН	Update and publish approved policies	15 <sup>th</sup> September
			2023

### 4. Any other Business

### 4.1 Funding for a type 1 DKD database

KD reported that Peter Winocour (PW) had requested this subject is added to the agenda for the committee to consider whether ABCD should be supporting an audit or database of 1 DKD patients and funding data collection from people with type 1 diabetes and kidney disease. JV reported that the National Data Audit already has this information, and the NDA research group can provide this data. KD advised that he would inform Peter.

### 4.2 "Donate Now" function on the ABCD Website.

BR reported that, following committee conversations about a "donate now" webpage to encourage people to make donations to ABCD on the website, he has spoken to Adrian Sanders (chair of trustees) and Dinesh Nagi (vice chair of trustees) who were enthusiastic about the proposal. He added that he has also received approval from Phil Norton who will review the wording before the webpage is published. BR confirmed that he would be happy to lead on this project.

### 4.3 Sustainability

SG reminded the committee to keep sustainability on the agenda. KD advised that Sanofi has invited KD to join its green initiative. HP suggested that ABCD adopt a policy on sustainability and CH confirmed that she would research sustainability polices from other associations with a view to developing a policy for ABCD for discussion at the next meeting.

Item Responsible Action Timeline	
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4.1	KD	Advise PW that the National Data Audit already has data on type 1 DKD which can be access via the NDS research group.	4 <sup>th</sup> October 2023
4.2	BR	Lead on donate now webpage project	December 2023
4.3	СН	Research sustainability polices from other associations with a view to developing a policy for ABCD	December 2023