

Wales Diabetes Update February 2024

The Diabetes Strategic Network was created in 1st April 2023, which will improve the focus and priority of diabetes as a key chronic disease.

A Quality Statement on Diabetes was released by the Senedd in June 2023.

Key priorities: Four areas of priority have been accepted by the Senior Leadership Team in Wales NHS and a 5 - year plan to achieve this:

- **Prevention of diabetes: both primary and secondary prevention**
- **Education, empowerment and self-management. Included remission services**
- **Improvement in the 8 essential care processes and 3 treatment targets**
- **Technology in type 1 diabetes, particularly implementing the NICE TA on HCL**

National Diabetes Audit

Wales 8 essential care processes and treatment targets are gradually recovering in Wales over the last few months.

- A Unified contract with Primary Care has been released on 1st October 2023 and included diabetes parameters.
- The care processes and key treatment targets are part of the NHS Wales performance Framework
- The status of reporting the care processes and treatment targets has increased and will have regular review at the National Quality Meeting going forward.
- A new Audit Plus module has been created to allow practices to react to their own data contemporaneously and includes parameters such as frailty and other comorbidities
- Healthy Pathways are being implemented across Wales to improve consistency of approach
- A new project in collaboration with Kidney Research UK and Diabetes UK is aiming to increase screening for Diabetic Kidney Disease in the South Asian population.

All Wales Diabetes Prevention Programme: Funding has been continued for this programme and expansion is anticipated to include those with previous gestational diabetes.

Remission services: have been introduced in 4 Health Boards. Development of a sustained remission service as a routine part of clinical care remains a priority.

Patient education options: literature, films on-line, Desmond, X-Pert, EPP and DAFNE. SEREN for children and SEREN- Connect for 16- to 25-year-olds. Infographics with QR codes to direct at diagnosis and improve choice are implemented.

An atlas of variation for diabetes has been introduced – DIVA (Diabetes Insights and Variation Atlas). This has focused on understanding the factors and variation resulting in amputation. The eye screening data and hospital eye service data has just been uploaded. Inpatient costs data included

for all with diabetes. The prescribing data and the variation have attracted interest and value-based prescribing projects based on this are being developed.

DCAP 3 of the largest services in Wales have participated in the DCAP pilot. These services have all enrolled in the ongoing DCAP programme

A Diabetes Nursing Workforce Review has been undertaken. A structured professional development plan and succession planning emerged as key themes. Ongoing discussions on staffing levels and career structure.

Care homes: The DEIR (Diabetes Education and Information Resource) is a web-based (paper if preferred) educational resource for domiciliary and care home staff and has been implemented

Mental Health in Diabetes is a focus. There is a lack of psychology in diabetes and a strategy has been devised as outlined in the **Missing to Mainstream Report**. Interactive workbooks have been created (The Talking Type 1 series).

A preconception service is established across Wales and evaluation is planned.

Other work streams include **type 1 eating disorders, exercise, and type 1 diabetes, reducing DKA at presentation in children and young adults.**