

# ABCD Academic Sub Committee Meeting Thursday 13<sup>th</sup> June 2024 4:00pm — 6:00pm MINUTES

Present:

Steve Bain (SB)
Mark Evans (ME)
Rajna Golubic (RG)
Claire Harris (CH)

Iskander Idris (II)
Parth Narendran PN)
Katherine Owen (KO)
Dimitris Papamargaritis (DP)

## **Apologies:**

Ketan Dhatariya (KD) Ben Field (BF) Petra Hanson (PN) Emma Wilmot (EW)

#### 1. Welcome.

II welcomed all the meeting and noted apologies from KD, BF, PH and EW.

## 2. Review of Minutes from last meeting and matters arising

The minutes of the meeting held on 18<sup>th</sup> March 2024 were approved as being an accurate and true reflection of the proceedings.

#### 3. Diabetes Update

DP announced that before the end of the summer decisions need to be made on the meeting venue and the programme. He reminded the committee the some of the delegate commented the difficulty of getting to Loughborough and quality of catering. DP advised that following an extensive venue search by RHI, the two best options would be to stay a Loughborough (£47,000) or more to Edgbaston in Birmingham (£49,000) and recommended that the event continues in Loughborough in 2025 for the third and final year of the course and then move to Edgbaston in 2026 to commence the new course. The committee were receptive to the idea but also should seriously consider moving to Birmingham due to easier access to transport (train and air). The committee acknowledged that that KD would need to be consulted before any final decisions were made.

The committee reviewed the programme of 8 Workshops, 6 lectures and additional "How do I?" workshops providing guidelines and shorter presentations.

The following topics were agreed:

## Lectures:

- Eye Disease in diabetes
- Transition services in diabetes
- Patient education and empowerment (structured educational programmes for T2M)
- Leadership in inpatient diabetes services
- Screening and prevention on T1D
- Diabetes remission programmes

## Workshops:

- Managing diabetes in young adults
- Chronic Kidney disease and diabetes
- Diabetes management in people with disabilities and learning difficulties

- Remote consulting skills
- Closed loop
- Diabetes and driving
- Heart failure and diabetes (screening and management of complications)
- Management of hypoglycaemia and steroid (glucocorticoid) therapy

It was agreed that all the "How do I?" workshops are all relevant topics:

- Diabetes and menopause
- Diabetes and sexual health
- CVD risk reduction of T1D
- Diabetes and OSA
- Type 1 diabetes
- Type 1 diabetes and dementia

DP confirmed that he would circulate the agreed programme to the committee to start considering speakers for the sessions. DP advised that he would hand over the programme RG and PH to identify and invite speakers and workshop facilitators. CH agreed to send DP an email to set up a separate meeting for the Diabetes Update and Academic Subcommittees to discuss speakers and facilitators.

Item	Responsible	Action	Timeline
3	DP	Consult with KD on his proposal regarding Diabetes	30 <sup>th</sup> June 2024
		Update venue	
3.1	DP	Circulate the agreed programme to the committee	30 <sup>th</sup> June 2024
3.2	All	Start considering speakers for the sessions.	13 <sup>th</sup> July 2024
3.3	RG and PH	Identify and invite speakers and workshop facilitators.	31st July 2024
3.4	CH	Send DP an email to set up a separate meeting for the	30 <sup>th</sup> June 2024
		Diabetes Update and Academic Subcommittees to	
		discuss speakers and facilitators	

# 4. Podcasts Programme

CH provided an update on behalf of PH who had reported in advance of the meeting that the podcasts are going well with five completed and speakers to be booked for some more. She confirmed that the podcasts would be going live on 14th June 2024, and PH would be liaising with BMA to see if they can assist with disseminating them.

## 5. Curriculum Change

As BF was not present at the meeting, it was agreed that this item would be carried forward to the next meeting.

Item	Responsible	Action	Timeline
5	СН	Ensure that curriculum change is carried forward to the	23 <sup>rd</sup> September 2024
		agenda for the next meeting.	

#### 6. Grant Awards

# 6.1 Research Grant Application

CH reported that, disappointingly, only one research grant application has been received this year and asked the committee for advice on how to proceed, whether the deadline should be extended to encourage further applications, or this application should be reviewed as per the usual process. The committee agreed that to only receive one application was disappointing. CH assured the committee that this year's Research Grant Programme had been promoted in the same way as previous years. Concern was raised about how the applicant who had submitted their application on time would feel if the deadline was subsequently extended and it was agreed that the application would be assessed on its own merit. CH confirmed that she would circulate the application to all Research Grant Committee members for an initial review and to consider whether they feel that it could be funded and, if so, if

they feel that they have the relevant experience to undertake a peer review of the application. CH advised that she would also cancel the Research Grant Review meeting scheduled for the 1<sup>st</sup> July 2024.

## 6.2 Joint Fellowship Grant with Novo Nordisk Research Foundation proposal.

II reminded the committee of the initial conversations with the Novo Nordisk Research Foundation exploring joint funding of fellowships for 2025 of up to £60,000 per year. He added that the agreement will be flexible and non-binding and that the foundation shares ABCD's philosophy of offering research grants to early career researchers. He reported the DCT trustees would be keen to support the initiative and have requested that committee decide on specific criteria for the grant application and provide a detailed proposal for them to review and ensure that the DCT/ABCD interests are protected. It was agreed that II and PN would meet with the Novo Nordisk Research Foundation to understand what would be possible in a collaboration and report back to the Academic Subcommittee to discuss the development of a proposal.

Item	Responsible	Action	Timeline
6.1	CH	Circulate the application to all Research Grant	Completed
		Committee members for an initial review and to	
		consider whether they feel that it could be funded and,	
		if so, if they feel that they have the relevant experience	
		to undertake a peer review of the application	
6.1.1	CH	Cancel the Research Grant Review meeting scheduled	Completed
		for the 1 <sup>st</sup> July 2024.	
6.2	II and PN	meet with the Novo Nordisk Research Foundation to	13 <sup>th</sup> July 2024
		understand what would be possible in a collaboration	
		and report back to the Academic Subcommittee	

#### 7. Prizes and awards

## 7.1 Niru Goenka Memorial Lecture 2024 applications

The committee reviewed the applications, and each scored them between 1 and 5. It was agreed that Chris Garrett should be awarded the Niru Goenka Memorial Lecture award.

# 7.2 Rising Star Applications

After review and scoring of all applications, it was unanimously agreed that Charlotte Boughton would be granted the rising star award

# 7.3 Abstracts

CH confirmed that the deadline for abstracts was that day (13<sup>th</sup> June) and that RHI would shortly be circulating the abstracts for committee appraisal.

#### 8. Any other business

# 8.1 Northeast Diabetes Research Day

II reported that ABCD has been approached by a trainee in the Northeast to ask if there would be an opportunity for ABCD to fund a research workshop for trainees in the region and asked the committee to consider the possibility of working with the region and YDEF on support with delivering this workshop. The committee agreed that this warranted further investigation. PN suggested that advise should be sought from Simon Heller. He added this could be a useful way of encouraging medical students into research. It was agreed that II would discuss this further with KD and involve BF in this work.

## Dates of future meetings:

- Diabetes Update Committee meeting; date TBC
- Tuesday 8<sup>th</sup> October 2024: 5:00pm 6:00pm, Academic Subcommittee Meeting
- Tuesday 5<sup>th</sup> November 2024: 2:00pm 5:00pm, Dragon's Den Review Meeting
- Friday 29<sup>th</sup> November 2024: 2:00pm 5:00pm, Dragon's Den Interviews