

10 May 2017

ABCD (Diabetes Care) Limited

Secretariat

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**MINUTES OF ANNUAL GENERAL MEETING OF ABCD (DIABETES CARE) LIMITED,
10 May, Titanic Belfast, Belfast, BT3 9EP**

The SIXTH ANNUAL GENERAL MEETING of ABCD (DIABETES CARE) LIMITED ("the Company") was held at the Titanic Belfast, Titanic Quarter, Belfast, BT3 9EP on 10 May 2017. Presiding over the meeting was Dr Rob Gregory, chair of the board of the association.

The meeting was declared quorate (20 members). No proxy votes had been submitted to the chair.

Dr Gregory outlined the achievements of the organisation in 2016 and summarised the priorities and achievements to date for 2017 (Appendix 1). He outlined the proposals for the association moving in to 2017. The officers of the association were thanked for their hard work and diligence in the delivery of the objectives of the organisation.

Written reports and updates of the membership and events were provided and these are available in Appendix 2 and 3 respectively.

The accounts of the organisation were laid before the membership and an update of the association's accounts was made available by Dr Tony Robinson, association treasurer (Appendix 4).

Ordinary resolutions

The following ordinary resolutions were passed unanimously:-

1. The re-appointment of Haines Watt LLP (Leeds) as accountants to the charity
2. To elect Dinesh Nagi as director and Chair of the Association
3. To elect Dipesh Patel as director and Meetings Secretary of the Association
4. To elect Russell Drummond as director and General Secretary of the Association
5. To elect Dipesh Patel as trustee of Diabetes Care Trust (ABCD) Ltd
6. To re-elect Rob Gregory as trustee of Diabetes Care Trust (ABCD) Ltd
7. To re-elect Dinesh Nagi as trustee of Diabetes Care Trust (ABCD) Ltd
8. To re-elect Russell Drummond as trustee of Diabetes Care Trust (ABCD) Ltd

By order of the Directors,

Dr Dinesh Nagi

Company Secretary, Company Number: 727037

Association of British Clinical Diabetologists
Appendix 1 - Annual General Meeting
Titanic Belfast, 10th May 2017

CHAIRMAN'S REPORT

Executive Reshuffle

This will be my last report as Chair, as my term of office will come to an end at the AGM in Belfast on 10th May. Subject to the approval of the membership my successor will be Dinesh Nagi, currently General Secretary. I'm sure members will join me in congratulating him, and I have no doubt that the association will enter a new and exciting phase under his leadership. Russell Drummond exchanges Meetings Secretary for General Secretary, and Dipesh Patel fills the vacancy as Meetings Secretary. Chris Walton steps down from the executive to make room for me as ex-officio chair. I am delighted he will stay on as a director of BJDVD Ltd and report to committee about the journal.

The finances will continue to be in the safe hands of Tony Robinson who has agreed to stay on for a further year. If any member is interested in becoming treasurer in the future please let Dr Dinesh Nagi know so that we can arrange for appropriate training with an opportunity to shadow Tony this year to learn more about the role of treasurer of ABCD.

Activities and Achievements

Reflecting on the last twelve months. ABCD has become even more influential nationally, with representation in most of the diabetes advisory and decision-making bodies. Most recently we have responded to the DVLA consultation on the proposal to change the legislation regarding driving and diabetes. We have good working relationships with key stakeholders and have seen progress in a number of areas. All nations in the UK have made diabetes a priority and all have found money to invest in diabetes at a time when health budgets are under severe pressure. The clinical work streams have all produced key guidelines and position statements that will contribute to improvements in care for people with diabetes. The Nationwide Audits of New Therapies have gone global thanks to Bob Ryder and his team. The inaugural 'ABCD Clinical and Commissioning News - Live' event was sufficiently successful to merit a repeat performance in July 2017; it will bring commissioners and clinicians together in 4 localities. The establishment of ABCD IPN-UK along with a new corporate membership scheme to support it was a triumph, and the (sugar-free) icing on the cake will be the launch of the ABCD UK Type 1 Clinical Collaborative that will carry forward the type 1 diabetes campaigns.

Challenges

Rapid growth of an organisation brings challenges that my successor and the new executive team will need to confront. ABCD has been approached by individuals and organisations to give administrative and/or financial support for worthy projects that deserve our help, but with finite resources we cannot do everything, so the committee has difficult choices to make. Committee has agreed to support the ExTOD conference in 2017 in conjunction with JDRF on a one year trial basis.

The funding model of the association depends on corporate support, and successive treasurers have designed schemes that comply with ABPI regulations to cover the whole range of activities. It is difficult to plan for more than 12 months ahead when companies delay their spending decisions until (after) the last minute. I am grateful to all our corporate supporters for their continuing support. Lilly has announced that after 5 highly successful years it is no longer able to be the sole sponsor of the National Consultant Diabetologist Mentorship Scheme. I am very grateful to Lilly for their support for the scheme since its inception, and for their commitment to see it placed on a firm footing for the future.

Membership Drive

Although membership subscriptions (now tax-deductible) will never be sufficient to pay for everything we wish to do, if we could significantly increase the proportion of eligible consultants and trainees who are members it would also make ABCD even more attractive to corporate supporters. I attended the YDEF Day in Manchester to promote ABCD and publicise the special offer of a free one year's membership for new SpR members who join in 2017. I also had the pleasure of interviewing candidates for the YDEF committee. There were six candidates for one vacancy, and if they are representative of the talent coming through the system, then the future of our specialty is assured.

Dinesh Nagi has submitted the Diabetes and Endocrinology chapter for Medical Care, the RCPL on-line guide to medical specialties. This is very important, as we will be able to use this in discussions with commissioners and provider organisations. The most controversial section is the description of workforce numbers, in particular how many consultants are needed to provide a 5-day, and a 7-day service. Furthermore the 'Getting it Right First Time' Lead for Diabetes will be able to cite it in their discussions with Trusts. Our website redevelopment is a priority, making everything accessible from abcd.care.

British Journal of Diabetes

Our journal is attracting a growing number of submissions, and we have set ourselves the target of achieving PubMed Central listing in the near future. An increasing number of publications are appearing on the website ahead of the printed version. Paul Grant stepped down temporarily as Editor-in-Chief in March 2016 when he was informed that he was under investigation by the GMC. He has subsequently resigned both as editor and director of BJD Ltd.. None of the complaints to the GMC related to activities whilst he was editor. However we have taken steps to verify and authenticate two original articles co-authored by Dr Grant that were published in BJD. We are grateful initially to Parth Narendran and subsequently to Marie-France Kong for taking on the role of Acting Editor-in-Chief and producing high quality issues on time. They have been assisted by a strong team of associate editors on whom we rely for suggested reviewers and timely decisions.

Thanks

I would like to thank my predecessor Chris Walton for his wise counsel, the executive team Dinesh Nagi, Tony Robinson and Russell Drummond for discharging their responsibilities so well and so conscientiously, Huw Jones who has chaired the Academic Sub-committee to such good effect, Dev Singh for his leadership on professional development, and Andy Macklin who has been the public face of ABCD on social media. Patrick Sharp not only served as Secretary for an extra year, but also chaired the Type 1 diabetes clinical work stream that, produced a fantastic standards document. Peter Winocour's renal work stream has published a suite of four much-needed guidelines for renal disease and diabetes. Hermione Price and colleagues have written impressive guidelines on the management of inpatients with diabetes and mental illness. Alison Gallagher has co-ordinated evidence-based position statements on controversial topics. I am grateful to the editorial team of BJD for keeping the publication going during difficult times. The ABCD committee is crammed with talented people who give their time freely to the association in numerous ways. The trustees have backed the executive financially and with wise advice, and I am pleased that so many of them attend our conferences. Finally I must thank the ABCD secretariat, Red Hot Irons. Tricia,

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VAT Registration Number: 970 4898 75

Elise, Jen and Kim are used to being asked to do things to ridiculous deadlines, and Joyce keeps an eagle eye on our finances.

It has been a pleasure (mostly) and a privilege (always) to lead ABCD during the last three years. I look forward to making a contribution for some time to come.



Rob Gregory
Leicester



Association of British Clinical Diabetologists
Appendix 2 - Annual General Meeting
Titanic Belfast, 10th May 2017

GENERAL SECRETARY'S REPORT

This is my 2nd year as your Honorary General Secretary and I am delighted to report that ABCD remains the main point of contact with the other professional bodies involved in diabetes & Endocrinology in the UK and the Consultant body at large. We have continued to strive to improve communication between the general membership and the committee, including the update of the new Web site, which remains a work in progress.

The relationship between ABCD and the RCP remains strong and the College now almost always contacts ABCD for a specialist opinion on any aspect of diabetes. The Medical Care initiative by the RCP is finally nearing completion and the remaining Endocrine and general sections are now completed and the final document has been sent to the RCP. This is a challenging piece of work and my thanks go to the authors for their contribution, to write this and also help by the ABCD executive in bringing this to a conclusion.

We continue to work on the positions statements, and saw the Publication of SGLT2 and DKA in December. The Positions statements on Testosterone replacement and Exercise in Diabetes are being updated. The Position statement SCII treatment and CGM have been commissioned through Peter Hammond.

The Association also continues to engage with NICE in the development of their guidance. We continue to work with DVLA and have contributed specialty advice on a number of important issues. ABCD members continue on the DVLA committees and provide the specialty input in class 2 licence applications. ABCD is acknowledged in the documentation as being the lead organisation in this area

The Association continues to work with DUK and the other specialist societies on areas of common interest. There are regular meetings with DUK representatives to ensure that we synchronise our work streams and positions on various clinical areas. Where there have been differences of opinion, these have been reconciled by mutual agreement. The Type-1 Diabetes Network is evolving and our Chairman had worked extremely hard on making this come to fruition.

Membership remains the key to the ABCD and it appears membership figures for this year have grown significantly with rise in both Consultant and SpR, joining the association.

These updated and latest figures are given below

| Jan 2017 | Consultants | SpRs | Other | Total |
|-------------------------|--------------------------------------|--------------------------------------|----------------------------------|--------------------------------------|
| Total membership | 367 (340, 345, 332) | 217 (206, 242, 236) | 58 (52, 59, 92) | 642 (610, 646, 659) |

The table above shows that membership numbers have remained stable but the number of consultants has gone up significantly compared to last year.

We welcome Sam Rice and Karen Adamson, as representative for Wales and Scotland. Thanks to those colleagues who have agreed to kindly serve a second term. The elections for the executive roles have completed and will be announced on the day of the committee meeting. Big thanks to Russell for his sterling work as the meeting secretary for last three years. The academic content and quality of these meetings has been outstanding, despite that some members did not like the musical theme, to various s lectures.

As ever, my thanks go to those members who have contributed in the many areas where the Association is active. If any member has an area of particular interest or expertise, please let me know as there is always a need for member contribution in the diverse activities of the Association.

Dr Dinesh Nagi

General Secretary ABCD

February 2017



Association of British Clinical Diabetologists
Appendix 3 - Annual General Meeting
Titanic Belfast, 10th May 2017

MEETING SECRETARY'S REPORT

Spring Meeting Manchester 2016.

CPD Code **103323** CPD Point Average **3.89** (out of 4)

This meeting was held jointly with the local Endocrine and Diabetes Society in Manchester (NEWS). One year data from the ABCD sponsored Revise Diabetes study were presented – this data has won awards (American Endocrine Soc Boston 2016) and has also been presented at the ADA. Endocrine topics addressed included acromegaly, hyponatremia and endocrine conditions in pregnancy. Specific Diabetes sessions centred on renal disease in diabetes, primary/secondary care liaison, DKA and the EMPAREG outcome study.

Autumn Meeting Brighton 2016.

CPD Code **107167** CPD Point Average **3.89** (again)

This meeting was held in conjunction with the Society of Endocrinology. Day 3 of the Society of Endocrinology meeting was specifically designed to appeal to both societies and was followed by our meeting. SFE were delighted and have offered to hold this type of meeting again – suggesting 2018 when they are meeting in Glasgow to have a similar structure. This would also allow an IPN pump training day to be located in Scotland and hence the road show will be complete. Formal feedback on the meeting to both societies highlighted that the proximity allowed attendance at both. We incorporated, successfully, a symposium into the programme with John Petrie and Steve Bain giving added narrative to the LEADER study results. Andrew Hattersley challenged our investigation (and perhaps understanding) of diabetes with an excellent session from 2 elite athletes Roddy Riddle (Ultra Marathons) and Chris Pennell (England and Worcester Full Back). Perhaps the highlight of the meeting was the debate between Amanda Adler and Miles Fisher. Otherwise the programme was completed by sessions on Delay in Intensification in treatment from IMPACT 2 and Iodine levels in mothers and infants.

Future Meetings

- 1) 3rd Joint Meeting of the ABCD and Renal Association February 28th Birmingham.
- 2) Spring 2017 Belfast 10th and 11th of May.
- 3) Autumn 2017 London Provisionally RCP 9/10 November R Defronzo 11.00am
- 4) Spring 2018 TBC (London?)
- 5) Autumn 2018 TBC(?Glasgow joint with Society for Endocrinology)

My three years in office has now come to an end. It's been thoroughly enjoyable and I wish my successor the very best. The Association carries sufficient kudos such that I have found speakers are inclined to agree to talk but moreover sufficiently informal and friendly that they enjoy the meeting themselves.

Russell Drummond January 2017.



Association of British Clinical Diabetologists
Appendix 4 - Annual General Meeting
Titanic Belfast, 10th May 2017

TREASURER'S REPORT

The latest group accounts are for the year ending 31 January 2017 will be produced for the AGM in Belfast.

All major funds are held in Unity Trust Bank. 75 k has been transferred to a Virgin High interest account (!) to protect some funds against bank failure. Discussions have taken place at the trustees meeting regarding further investment of these monies in an appropriate way, and these are to be finalised over the coming weeks. A PayPal account receiving meeting registration fees is also included.

As of January 31 2017 the charitable trust's assets were over £1million. DCT 427k, ABCD 599k, BJD 15.6K, Virgin 75K and PayPal 4k. This just reflects what is in the accounts at the present time and is not an accountable figure.

Corporate Meeting Supporters for 2017 are (subject to final agreement and payment, the prices are unchanged from 2016): Gold (Sanofi Diabetes, The Boehringer Ingelheim & Lilly Diabetes Alliance, Janssen and Takeda UK Ltd), Silver (Novo Nordisk Ltd Eli Lilly Diabetes Alliance and Astra Zeneca) and Merck Sharp & Dohme Ltd (Bronze) bringing in £182,500. From the Insulin Pump Network-UK. Gold sponsors for 2017 Gold Roche Diabetes Care and Medtronic, Silver Cellnovo, Abbott Diabetes Care, Animas, and Medtronic Ltd, Bronze Dexcom and Diasend bringing in £74,000. The expected income should exceed £250,000, an increase from last year. A proportion of the income is intended for the journal and this will provide financial stability to the journal. We have also a small number of stand sponsors for meetings.

Membership subscriptions: The current subscription is £75. A reduced £40 fee was introduced two years ago for retired members, and for overseas members who opt not to receive a hard copy of BJD. Since April 2016 this membership fee is tax deductible.

Meetings: Three meetings were held during the year 2016 supported by RHI and each was well received but also financially successful, Manchester £6,438, IPN £865 and Brighton £9,187 profits

Tony Robinson

Hon Treasurer