

## **Dr Sarah Brewster**

Position: Consultant Physician

**Specialism:** Diabetes

What is your position within your organisation: Diabetes Consultant

## What is your current role(s) and relevant experience of/interests in diabetes:

I currently work as a consultant community diabetologist and clinical supervisor. In addition to my speciality registrar training in diabetes and endocrinology, I have a BSc in the clinical and molecular aspects of diabetes and endocrinology, and more recently completed a PhD at the University of Southampton looking at the role of community pharmacists in supporting those living with diabetes and a history of repeatedly missed clinical appointments. I have an interest in identifying and supporting those with diabetes who may be most in need or hardly reached, and how services and healthcare professionals can adapt to better support these individuals.

## What is your involvement in ABCD activities to date:

I previously presented one of the ABCD monthly webinars where I spoke about non-attendance at diabetes healthcare appointments. My talk included the findings from my systematic review on the topic which was published in Diabetic Medicine.

## Please tell us why you want to stand for election and what you feel you can contribute to the ABCD Committee:

As a new consultant, I'd like to join the ABCD committee to build my professional network and to support the development of diabetes care and education. Having recently completed my speciality training and a PhD, I feel well equipped and positioned to represent diabetes specialists. I have a good familiarity with research, am current with the training requirements and challenges faced by today's registrars and am becoming increasingly aware of the types of pressures faced by today's consultants. I hope to support ABCD with their seven important and encompassing aims, and to enjoy the interactions and learning that comes with this along the way.

Name of Endorser 1: Dr Hermione Price Name of Endorser 2: Dr Kate Fayers